

International Student Guide

INSIDER GUIDES

FREE

2019



Melbourne

A GUIDE BY
LOCAL EXPERTS



MAKE CHANGE HAPPEN AT A UNIVERSITY THAT HAS CHANGED THE WORLD.

Never ordinary, we are ranked within the top 100* universities in the world. Why? Because we don't create graduates. We create agents of change that shape and inspire society.

We believe in action and tenacity because without these, the great ideas and breakthroughs of our time remain as words on a page. When you study at Monash you're provided with the teachers and

tools to build a degree that suit your needs and encourage exploration of what's possible.

For over 60 years, our ideas have changed the world. And for the next 60 we want yours to do the same.

Find out more at [monash.edu](https://www.monash.edu)

*Times Higher Education World University Rankings 2019



MONASH University

UniLodge



LIVE WELL STUDY WELL.

UniLodge is Australia's leading provider of student accommodation. There are 20 lodges located across Melbourne close to universities and colleges offering a safe, secure and supportive living environment – allowing you to focus on your studies.

EASE OF MIND

Safe, secure and fully furnished.

LIVE WELL

Wide range of apartment options including studio and multi-share.

RESIDENTIAL LIFE PROGRAM

Settle into your new home through our Residential Life Program.

YOUR SHOP

Have all of your kitchen, bathroom and bedroom essentials delivered.

 unilodge.com.au

SO JUMP ON OUR WEBSITE AND
FIND **YOUR PLACE** IN THE WORLD

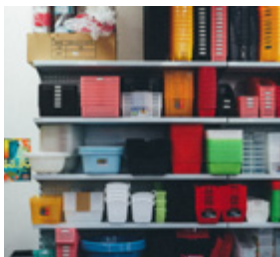
**Need a bit
more help?**

**Insider Guides
has you covered.**

**Check out our website for new
videos and articles to help you
settle in, understand life in
Australia and make new friends.**

insiderguides.com.au

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KEY CONTACTS AND SERVICES

Need some help while you are in Melbourne? Find the contact details of the various support services available.

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JUST ARRIVED IN MELBOURNE?

The City of Melbourne runs a range of events and programs for international students.

Do you want to:

- Make new friends?
- Come to the Lord Mayor's Student Welcome?
- Attend free workshops, tours and performances?
- Learn leadership, employment and job search skills?
- Register for volunteer opportunities?



Sign up to our newsletter at
melbourne.vic.gov.au/internationalstudents



Follow us on Facebook
[@cityofmelbourneinternationalstudents](https://www.facebook.com/cityofmelbourneinternationalstudents)



CITY OF MELBOURNE



MESSAGE FROM THE LORD MAYOR OF MELBOURNE

Welcome to Melbourne. We are delighted that you have chosen to make our city your home while you study. We are proud to be one of the world's most liveable cities and are thrilled to welcome you as part of our diverse and inclusive community.

The growing number of students who choose to make Melbourne their home is a testament to our global reputation as an innovative knowledge city. We are here to help you on your path towards learning and success.

We also want to help you build a lasting connection with Melbourne, and I encourage you to get involved and actively experience our city. Explore our famous laneway cafes, immerse yourself in our overflowing calendar of events and festivals and pick a footy team to barrack for at the MCG.

The City of Melbourne has a range of events and programs to help you settle in and set yourself up for success.

Sign up to develop your professional skills at the Melbourne International Student Conference or get involved in one of our many volunteer programs like the City Ambassador International Student program. I hope to personally see you in March for the Lord Mayor's Student Welcome.

I wish you every success for your time here with us.



Sally Capp

LORD MAYOR

To connect with us, follow our City of Melbourne International Student's Facebook page, visit melbourne.vic.gov.au/internationalstudents and check what's happening around the city at whatson.melbourne.vic.gov.au



You are invited to a welcome dinner

**Are you new to Australia? Do you want to meet local friends?
Do you love tasting food from different countries?
Want to learn more about Australian and other cultures?
Join us at welcome dinners held across Melbourne!**



A welcome dinner connects international students with Australian residents over delicious food and conversations. Cook your favourite food or bring a dish from your culture and share it at a potluck dinner. Be touched and entertained by stories of life, love and change from the people you meet. Find out how much our multicultural and multifaith communities have in common. You will be surprised.

Participation is FREE!



Connect with us for more information and event updates

Website: www.welcomedinnerproject.org
Facebook: www.facebook.com/wdpvictoria
Instagram: www.instagram.com/the_wdp

Welcome

Welcome to Melbourne. We are proud to be Australia's best student city.

You'll love studying in Melbourne. There are so many ways to get involved, meet new friends, develop new skills and prepare for the career of your dreams. Free programs and services for international students are available through your education provider, your local council, student groups, and through Study Melbourne.

Come and say hi to us at the Study Melbourne Student Centre, in the heart of Melbourne's iconic laneways at 17 Hardware Lane. Our multilingual team is here to help you with trustworthy information and support services. They can answer your questions about health, accommodation, safety and work rights. There's also free wifi, a quiet space to study, and plenty of activities and programs to join.

Study Melbourne is here to help you to make the most of your time living and studying in Victoria. We are funded by the Victorian State Government and offer free support services, cultural experiences, exclusive social events and programs to help you prepare for career success. We won't share your information with others and our services are free!



Connect with Study Melbourne to become part of a connected and supported student community. Stay in touch with our student newsletter, Instagram page and Facebook group – International students of Melbourne and Victoria

studymelbourne.vic.gov.au

There's a place for you in Melbourne

Study in Australia's best student city

Connect with **Study Melbourne** for everything you need to thrive as an international student in Melbourne.

- ✔ Visit the **Study Melbourne Student Centre**
17 Hardware Lane, Melbourne
Monday to Friday 9am – 5pm
1800 056 449
- ✔ Subscribe to our **monthly newsletter**
to stay up-to-date on free services,
opportunities and employability
programs.
- ✔ Get an **iUse pass** – a 50%
discount on public
transport for eligible
international students.
- ✔ Download the **Unlock
Melbourne** international
student app.



Visit studymelbourne.vic.gov.au



Connect, share and enjoy:

 StudyMelbourneVIC

 @StudyMelbourne

 @StudyMelbourne

 StudyMelbourne



Join our Facebook group:

*International students of
Melbourne and Victoria*



Get to Know Melbourne

Too busy to read this entire guide now? No problem! We made you a handy little checklist so you can have the best possible start to your study experience!

- Basics** - Get your iUSE Pass or myki card (*see page 63*), head to the Visit Melbourne website (to tick off the tourist spots) and download the Unlock Melbourne app to get started.
- Explore** - Take a walk along the Yarra River to get to know the city and learn the locations of some major sites.
- Drink** - Melbourne is world famous for its coffee culture. Learn to order your favourite (*see page 86*) at one of Lygon Street's many coffee spots (*see page 80*).
- Eat** - For a fascinating selection of food from around the world, with a focus on Asia, head to Chinatown in the city centre (*see page 73*).
- Go Out** - For a fun afternoon out, heading into the evening, check out the options at Curtin House in the city centre (*see page 77*).
- Listen** - Live local music is an ideal way to get to know a city. Instead of the touring acts, head to a midweek gig at one of Melbourne's smaller venues (*see page 103*).
- Play** - The Yarra River is good for more than just walking around. If the weather is alright, join a twilight kayak tour along the river to learn more about the city (*see page 106*).
- Travel** - Melbourne's location means it is easy to access beaches (Mornington Peninsula), wine country (Yarra Valley) and famous mountains (Grampians). *See page 112* for more information on them all.
- Visit** - [insiderguides.com.au](https://www.insiderguides.com.au) - For ongoing international student content, sign up for our e-news. It is full of articles, events and competitions.

Melbourne Facts



Melbourne was originally going to be named 'Batmania' after one of its founding fathers, John Batman. There are instead numerous streets, parks and a railway station named after him.



By track length, Melbourne has the longest metropolitan tram network in the world, with 250km of tracks in total. The network has over 1,700 stops servicing most of Melbourne.



The world's first dramatic feature film, *The Story of the Kelly Gang*, was filmed and made in Melbourne in 1906. The original *Mad Max* was filmed in Melbourne, as was the iconic Australian film *The Castle*.



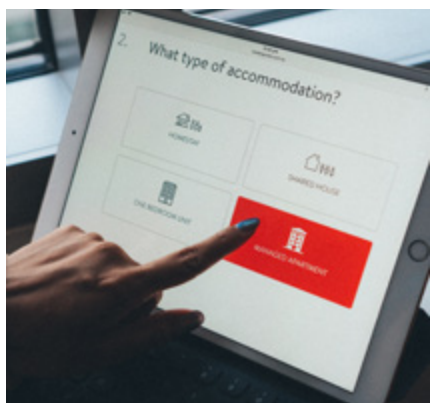
On average, Melbourne imports 30 tonnes of coffee beans each day, enough to make 3 million cups daily. While coffee orders can vary, lattes and flat whites are the most common in the city.



Melbourne's Chinatown is the longest continuous Chinese settlement in the western world, founded by Chinese prospectors in 1851. Learn more about the Chinese history of Melbourne at the Chinese Museum on Cohen Place in Chinatown.

Accommodation

Finding somewhere to live is a crucial part of a successful study experience in Australia. Whatever you choose, it is vital to fully understand all of your options and be aware of your rights and responsibilities.



COST OF LIVING CALCULATOR

Want to learn more about your accommodation and other costs in Melbourne? Use our Cost of Living Calculator to receive a customised breakdown of your expected costs:

www.insiderguides.com.au/colc

Comparing Your Options

PRIVATE RENTAL

This is true independent living; renting an apartment or a house, either alone or with housemates. Living with others is ideal for meeting new people and reducing your costs. However, if you decide to live alone, you will have to pay for everything and may get lonely (depending on your personality, of course). Rentals come either furnished or unfurnished.

Note: Listed price is per room.



\$175-\$400/wk

HOMESTAY

A homestay involves staying with a family in their home with meals, internet and utilities covered by the family. While homestays are a popular option for a true Australian experience, some students can find living with a family frustrating at times, as you might not have as much independence. Also, some homestays are located further away from the CBD or universities than other options.



\$250-\$300/wk

MANAGED ACCOMMODATION

These large centres are full of apartments of varying sizes, generally one to five bedrooms. You will get a fully furnished bedroom with 24-hour support and internet included.

Generally, student accommodation is conveniently located for students, is secure and safe, and often boasts a real sense of community. The downside to this is the internet can slow down at peak times and the rooms can be quite small.



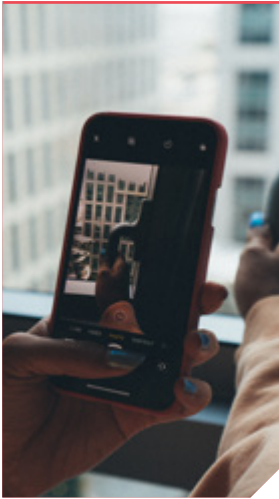
\$250-\$500/wk

RESIDENTIAL COLLEGE

While they appear more expensive than other options, residential colleges do include a lot of extras. They're usually located close to your campus, your fully furnished bedroom will be cleaned weekly, study facilities and gyms are supplied, and the meals are included. The downside is that you often have to lock in a lease for 12 months and you may not need all the extras that you're paying for.



\$450-\$700/wk



BEFORE YOU TAKE OUT A LEASE ON A PROPERTY:

- ENSURE YOU HAVE ENOUGH MONEY TO COVER THE BOND
- ARRANGE A REFERENCE OR GUARANTOR
- INSPECT THE PROPERTY BEFORE YOU SIGN A CONTRACT OR PAY A DEPOSIT
- PHOTOGRAPH ANY EXISTING DAMAGE OR ISSUES
- MAKE SURE YOU RECEIVE, AND KEEP, A COPY OF YOUR RENTAL AGREEMENT AND RECEIVE A RECEIPT FOR ALL RENT AND BOND PAYMENTS
- PAY ATTENTION TO DETAILS REGARDING THE END OF YOUR RENTAL AGREEMENT
- DOWNLOAD THE CONSUMER AFFAIRS VICTORIA RENT RIGHT APP



OTHER FACTORS TO CONSIDER WHEN SELECTING ACCOMMODATION

- HOW CLOSE IS IT TO YOUR STUDY INSTITUTION?
- HOW CLOSE IS IT TO PUBLIC TRANSPORT AND WHAT WILL THE TRAVEL COST BE?
- WHAT IS NEARBY? (SHOPS, HOSPITALS, POLICE STATIONS, PARKS)
- IS THERE ADEQUATE HEATING AND COOLING?
- IS IT NOISY?
- IS THE AREA SAFE AND IS THE BUILDING SECURE?
- WHAT WILL THE INSURANCE COSTS BE?
- DOES EVERYTHING WORK? (SMOKE ALARMS, APPLIANCES, LIGHT SWITCHES)

HOW MUCH WILL MY BOND BE?

You will need to pay a bond in advance that will be returned at the end of your agreement if no damage has occurred and your rental payments are up to date. This bond is not legally allowed to be more than one month's rent if the rent is \$350 a week or less but can be more if the rent is more than \$350 a week. In addition to the bond, your landlord can also ask for two weeks rent in advance if you pay weekly and one month's rent if the rent is less than \$350 a week and you don't pay weekly.

Make sure you receive a receipt for all money given to your landlord, including the bond, and a bond authority lodgment notice.



Uni Place

18 Leicester Street, Carlton, Melbourne, Australia

Melbourne's most exciting student accommodation.

On the doorstep of Uni Melb, RMIT, Monash College, Trinity College and the Melbourne city centre.



Outdoor Courtyard



Journal Library

Visit journalstudentliving.com.au to make a booking.

Get Social

@JournalStudentLiving @JournalLiving

Under 18s

At Journal, under 18 students have the support they need to feel safe, happy and healthy.



WALK TO UNI

The University of Melbourne, RMIT, Monash College and Trinity College are only minutes away.



SAFETY ASSURED

Our students' security is our top priority, with keyless entry, 24/7 onsite support and CCTV cameras.



BIGGER COMMON AREAS

Relax with friends in our cinema, onsite café, games room, kitchens, lounges and gardens spaces.



SMART TECHNOLOGY

High-speed, unlimited, wireless internet. And unique app to book events, or receive parcels.



FOCUSED STUDY

Huge study zones, cosy libraries and built-in desks for productive learning.



OUTDOOR SPACES

Beautiful green courtyards and wide-open rooftop terraces.



FITNESS STUDIO

Keep active with the fully-equipped, 24/7 fitness studio, with a range of group classes.



ONE SIMPLE FEE

One handy weekly fee includes unlimited high-speed internet and all utilities.



scape



Full Events Calendar



24/7 Concierge & Security



Unlimited WiFi



Private En-suite Studios

Scape Swanston

Get the most out of your university living experience.

We've carefully created and crafted intelligent rooms for the students of today with everything you could need, when you need it most.

At Scape Swanston, we've got a brilliant building with incredible communal spaces, as well as a full events program giving students access to workshops and opportunities that'll open the doors for life after Scape.

Our team is always on hand with 24/7 concierge and security, and we provide all-inclusive pricing, so you can focus on what really matters at university.

We'd love to tell you more or show you around, so get in touch today!

Scape Swanston, 5 Little La Trobe Street Melbourne
P. 1300 068 888 E. bookings.au@scape.com

W. scape.com

scape



Setting up Your House

BEDROOM

There are regular sales at budget department stores like Target, Big W and Kmart. Watch out for 'home' or 'manchester' sales.

- Quilt/doona
- Flat sheet
- Quilt/duvet cover
- Pillow
- Fitted sheet
- Pillowcase

BATHROOM

IKEA stocks a range of bathroom items, as well as great products for maximising small spaces.

- Bath towel
- Hand towel
- Bath mat
- Laundry basket

KITCHEN

These items, as well as groceries, can be found at supermarkets like ALDI, Coles and Woolworths.

- Plates
- Forks
- Saucepan
- Bowls
- Spoons
- Can opener
- Mugs
- Teaspoons
- Sharp knife
- Glasses
- Chopping board
- Fry pan
- Knives
- Cooking utensils
- Stock pot

TOILETRIES

Discount chemists like Chemist Warehouse offer cheap toiletries while Priceline also has large sales, ideal for stocking up.

- First aid kit
- Conditioner
- Sewing kit
- Toothpaste
- Toilet paper
- Soap
- Shampoo
- Shaving cream

WHAT SUPPORT SERVICES ARE AVAILABLE FOR RENTERS IN VICTORIA?

Consumer Affairs Victoria can help you understand your rights when renting a room, apartment or house in Victoria. Visit the Consumer Affairs Victoria website to learn about bonds, condition reports and where you can ask for help with accommodation issues before and after you arrive.

www.consumer.vic.gov.au/internationalstudents

Community Legal Centres (CLCs), including Inner Melbourne Community Legal (IMCL), are independent community organisations that provide free legal services to the public. They help people who are ineligible for legal aid and cannot afford a private lawyer. IMCL has created a series of illustrated stories, specifically for international students living in Victoria, to explain what to do (and who to contact) in several common circumstances.

www.imcl.org.au/international-students

CAN I GET A PET AS AN INTERNATIONAL STUDENT?

If you are considering getting a pet, you need to make sure you have done research into the type of pet that would be suitable to your situation. Pets can be fantastic, however there are a few things you need to think about before getting one. Things like the size of your pet, where it will live, how much time you can spend with it, what will happen to it when you return home and the amount of

money you have to properly take care of it should all be part of your decision to get a pet. You also need to make sure you know the rules and requirements of pet ownership as those here may be different than what you are used to and you may get into trouble if you don't follow them. Further information on responsible pet ownership can be found at www.melbourne.vic.gov.au/pets.



FACTORS TO CONSIDER BEFORE OWNING A PET:

- UPFRONT COSTS (DESEXING, REGISTRATION, ETC)
 - ONGOING COSTS (FOOD, BOARDING, HEALTHCARE, VETERINARIAN COSTS, ETC)
 - WILL YOUR PETS NEED DAILY WALKS AND EXERCISE?
 - WILL YOU NEED A FULLY ENCLOSED BACKYARD?
 - HOW OFTEN ARE YOU NOT AT HOME?
 - HOW LONG WILL YOU BE STAYING IN AUSTRALIA, AND WHAT WILL HAPPEN TO YOUR PET IF YOU DECIDE TO LEAVE?
-

START LIVING THE STUDENT DREAM



UNIVERSITY SQUARE



INFINITY PLACE



PARK AVE

Use code **INSIDER19** for a free gift when you book

📍 MELBOURNE • VISIT OUR DISPLAY SUITE

☎ +61 (0)3 9918 3910 ✉ info@thestudenthousingcompany.com.au

THE
STUDENT
HOUSING
COMPANY

Housemates' Code

There are a lot of great things about living with housemates but some housemates are messy, rude and inconsiderate. While we can't force your housemates to behave, we can give you some tips to help.



Food

Food is always important, establish early on how groceries will be purchased and make it clear what food is shared. Avoid eating any food that isn't yours or designated as shared.

Consider a regular weekly house meal to create a tradition with your housemates.

Guests

Make clear rules about guests, when/how long they should be there and which areas/rooms are shared spaces. Communication with your housemates is crucial so make it clear if you want designated 'quiet' times for studying. This communication extends to bills and rent - nothing will cause problems quicker than money!

Cleaning

Consider creating a cleaning roster, taking into account that some housemates may prefer certain tasks. You will still be responsible for doing your own dishes and laundry, and for keeping your room tidy. Respect the belongings of your housemates and don't leave a mess in communal areas.



UNLIMITED WIFI



AWESOME FACILITIES



SAFE, SECURE & SUPPORTIVE



ONE EASY WEEKLY FEE



The best location for students on the market. Walk to RMIT, Melbourne University, the CBD and Melbourne's iconic laneways. **MAKE IT HOME**
#livecoolatiglu



DISCOVER IGLU MELBOURNE CITY



igluTM

229 Franklin Street
Melbourne VIC 3004
+61 3 9002 5600
melbournecity@iglu.com.au
iglu.com.au/melbournecity

When your whole home is your office

SKARSTA

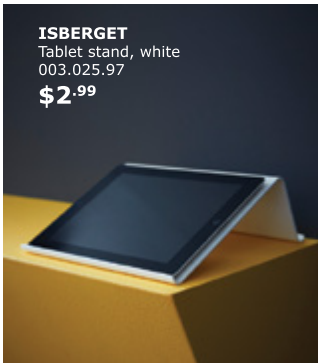
Desk sit/stand,
white 120 cm X 70cm
790.849.64

\$249

LÅNGFJÄLL

Swivel chair,
Gunnared light
brown-pink, white
292.523.99

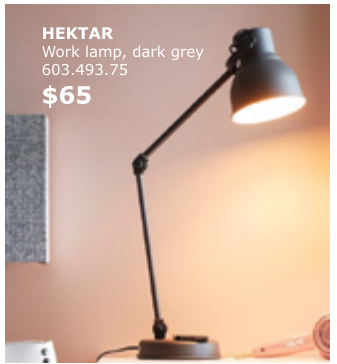
\$199



ISBERGET
Tablet stand, white
003.025.97
\$2^{.99}



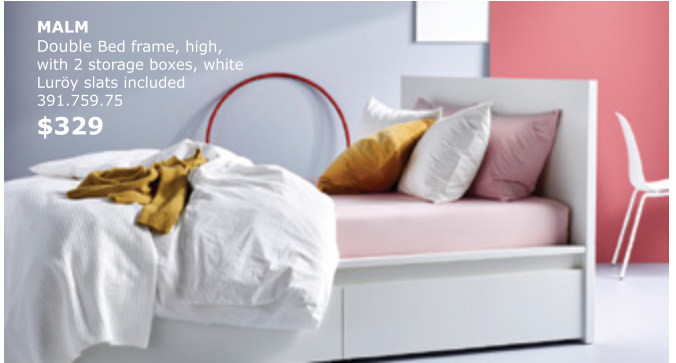
LENNART
Drawer unit,
white
103.261.78
\$19^{.99}



HEKTAR
Work lamp, dark grey
603.493.75
\$65



GRUSBLAD
Quilt, queen size, warmer
102.717.55
\$34^{.99}



MALM
Double Bed frame, high,
with 2 storage boxes, white
Luröy slats included
391.759.75
\$329

Enjoy free Wi-Fi and student friendly prices on breakfast, lunch or dinner at the IKEA Restaurant.



Breakfast
Vegetarian & gluten free options available.

IKEA FAMILY price
\$4

Non-member price \$5.50



Meatballs
mashed potatoes, cream sauce
and lingonberry jam.

\$7.95



Daim chocolate cake
with organic coffee.
Available from 2pm - 5pm

\$6.50

Shop in-store or online at IKEA.com.au/uni

IKEA RICHMOND
630 Victoria Street
Richmond VIC 3121
IKEA.com.au/richmond

IKEA SPRINGVALE
917 Princes Highway
Springvale VIC 3171
IKEA.com.au/springvale



*Prices can only get lower until 31 July 2019, never higher.
Prices are valid Australia-wide.*

Communication

In this chapter we'll show you how to get connected with home internet and on your phone. We'll also teach you the difference between a SIM and a phone plan so you can work out which option is right for you.



HOW DO I ARRANGE MOBILE BROADBAND?

If you can't get a hotspot using your phone and want a good connection for your device, an easy solution is mobile broadband. Visit an Optus, Vodafone or Telstra store and pick up a 4G modem - they start at around \$15-20 per month, but prepaid options are also available.

FACTORS TO CONSIDER BEFORE SIGNING A PHONE CONTRACT:

- HOW LONG IS THE CONTRACT?
- HOW MANY MINUTES OF PHONE CALLS DO I GET (AND ARE INTERNATIONAL INCLUDED)?
- WHAT IS THE MONTHLY DATA LIMIT?
- HOW MUCH WILL YOU BE CHARGED IF YOU NEED TO END THE CONTRACT EARLY?
- WHAT EXTRAS/DISCOUNTS/SUBSCRIPTIONS ARE INCLUDED?
- HOW GOOD IS THE NETWORK COVERAGE?
- WILL YOU BE CHARGED EXTRA FOR PAYING BILLS IN A CERTAIN WAY (E.G. CREDIT CARD)?

Mobile Phones



PREPAID

Prepaid is an easy and flexible way to enjoy a phone service. You can recharge with data, text, and local and international calls. Essentially, you buy a SIM card and then 'top up' or 'recharge' every month or so. It's the most flexible and popular option for international students, as you can just choose to no longer recharge if you're going back home.



PLANS

If you'll be here for over 12 months, you may consider a 'plan' or a 'contract', which is an agreed payment per month to use the network. Usually, you will get more phone calls and data this way than through prepaid options. Plans and contracts will often include the option of purchasing a new phone, however if you brought your own phone you can get a SIM only plan.



HOW DO I GET STARTED?

For both prepaid and plan options, head to a phone shop like Vodafone, Optus or Telstra. You'll need some documents to prove who you are in order to get started:

- An Australian bank statement or rental agreement
 - Your student visa details
 - Proof of identity - your passport
-



WHAT SHOULD I WATCH OUT FOR?

Read your contract, or the terms and conditions, closely to make sure you understand any additional charges that can be applied. Another thing to be aware of is additional subscriptions that may come with the service. If the overall deal is similar then consider if you would save money by having free access to another service. For example, they may come with free sport streaming (see page 30 for more information), Spotify or Netflix.

HOW DO I ARRANGE HOME INTERNET AND WHAT ALTERNATIVES ARE AVAILABLE?

Services like www.comparebroadband.com.au are a good starting point if you are unsure of pricing and the options available in your area. Month-by-month and six-month contracts are becoming more common. They work for students in regards to contract length but cost more than 12 or 24 month contracts. Australia is gradually connecting to the National Broadband Network (NBN) but speeds in

many locations still leave a lot to be desired, especially if you come from a country with fast internet.

Given this situation, there are alternatives available that can still provide reasonable speeds without a long-term contract. Home Wireless Broadband Plans are now available, providing you with a home modem operating on the 4G network. Prices vary depending on your data needs but keep in mind that, as it runs on the 4G network, if you have extensive/unlimited data on your phone you could instead use that as a personal hotspot and tether to other devices.

WHAT RESOURCES ARE AVAILABLE TO HELP ME IMPROVE MY ENGLISH LANGUAGE SKILLS?






The language barrier is something that all international, non-native English-speaking students aim to overcome while studying in Australia. It can be daunting conversing with people in English so we have created this list of fun, interactive online tools to help improve your confidence.

TITLE	LINK	WHAT IS IT?
English Conversation Club	www.refugeofhope.org.au	A social way to practice your English skills. Run by every second Wednesday at the Study Melbourne Student Centre, 16 Hardware Lane, by Refuge of Hope.
ESL Conversation Club	www.melbourne.vic.gov.au	Informal English language conversation practice at City of Melbourne library branches.
English Central	www.englishcentral.com	A platform full of English language videos that progressively build your comprehension.
BBC Learning English	www.bbc.co.uk/learningenglish	Watch well-crafted videos and then complete the related activities to increase your knowledge of the English language.
italki	www.italki.com	Choose between native speakers and qualified tutors (more expensive) to have a 1-on-1 video chat with you.
Busuu	www.busuu.com	A website and mobile app, Busuu is a social network of people learning new languages.



STAY CONNECTED WITH VODAFONE

Why sign up to a postpaid mobile plan with us:

-  Great deals for students
-  Generous data
-  Standard international calls on selected plans
-  Unlimited standard calls and texts in Australia
-  Store staff that speak many languages



**Visit us in over 90 stores in Melbourne.
Find a store at www.vodafone.com.au/stores**

T&C's apply. All for use in Australia.

V16761 12.18



Streaming Options

NETFLIX - NETFLIX.COM

From \$9.99/month

The large global player made its move into the Australian market in 2015, providing on-demand access to a range of local and international shows. You can watch on smart TVs, gaming consoles, Apple TV and Chromecast, mobile devices, and computers.

FOXTEL NOW & STAN - FOXTEL.COM.AU/NOW - STAN.COM.AU

From \$15/month (Foxtel) & \$10/month (Stan)

Both available on computers, smart TVs, Chromecast and gaming consoles. The Foxtel Now app allows you to sign up for the subscription service, Foxtel, without any installation costs or contracts. Foxtel is a good choice if you want to access live sport. Stan is an Australian subscription service that offers an extensive back catalogue of local and international content.

SPORT STREAMING SERVICES

Optus Sport has the rights for the English Premier League and UEFA Champions and Europa Leagues. These games can be watched on mobile devices or on Chromecast, Fetch TV or Apple TV. It is free for most Optus customers or \$15/month for non-Optus customers. AFL (Australian Rules Football), A-League (Football/Soccer), NRL (Rugby League) and Super Netball can be streamed on mobile devices through Telstra. These have varying prices for non-customers but are free to Telstra customers.

CATCH-UP APPS - ABC IVIEW, SBS ON DEMAND, 7PLUS, 9NOW, TENPLAY

The main free-to-air stations in Australia all have apps available that allow you to watch their shows on demand. These apps are free to download and use, but the shows do contain advertising.

Get started in Melbourne and stay connected

Optus has a range of great value mobile plans perfect for students, so you can stay connected in Melbourne and keep in touch with friends and family back home.

Bourke St Mall

345 Bourke St
Melbourne VIC 3000

Collins St

300 Collins St
Melbourne VIC 3000

Bourke St

253 Bourke St
Melbourne VIC 3000

Melbourne Central

141/211 La Trobe St
Melbourne VIC 3000



OPTUS

Come in-store or visit optus.com.au/findastore

Australian Slang



Snag (Noun) – Sausage

For the best snags, I go to Bunnings Warehouse.



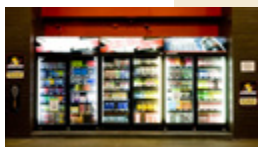
Esky (Noun) – Ice cooler

The esky will keep the drinks cool while we swim.



Cuppa (Noun) -Hot beverage

A hot cuppa tea goes well with biscuits.



Bottle-o (Noun) – Liquor store

I have to go and get some beer from the bottle-o.

EXPRESSING YOURSELF

Aggro (Adjective)

Angry, showing aggression

'He's so aggro at the moment, you should avoid him.'

Fair enough (Idiom)

Alright/OK

'You'll be late? Fair enough, traffic is bad today.'

Feral (Adjective)

Disgusting, something repulsive

'I just saw someone drop their hot chips and then continue to eat them off the ground, that's so feral.'

Frothing (Verb)

To be excited or enthusiastic

'I'm frothing that new season of The Bachelor is on.'

Hey? (Exclamation)

Used at the end of a sentence

to ask if someone agrees
'You're going out tonight, hey?'

Keen (Adjective)

Excited for something

'I'm so keen for the new Quentin Tarantino film.'

No worries (Idiom)

Don't worry about it/it's OK

'You can't come to the party? No worries!'

She'll be right (Idiom)

It will be fine

'You missed the bus? She'll be right, there'll be another one soon.'

_____ as (Adverb)

Almost anything could go here; Busy as, awesome as, tired as. To understand the speaker, just cut off the 'as' and add 'very' to the front and you'll get what they mean.

'She's been annoying as since she got back from her exchange – she won't stop talking about it.'

Full on (Adjective)

Intense/wild

'Uni is so full on, I can't keep up with my assignments.'

Yeah, nah (Determiner)

– No

Nah, yeah (Determiner)

– Yes

GOING OUT

Arvo (Noun)

Afternoon

'Let's catch up this arvo for a coffee.'

Avo (Noun)

Avocado

'I love avo toast with feta cheese.'

Barbie (Noun)

BBQ

'Let's fire up the barbie for dinner tonight.'

Bathers (Noun)

Swimming costume

'Remember to bring your bathers, my friend has a pool.'

Brekky (Noun)

Breakfast

'I always have a big brekky, I'm so hungry when I wake up in the morning.'

Chemist (Noun)

Drug store/pharmacy -

'We should go pick up some Panadol from the chemist.'

EFTPOS (Noun/Acronym)

Machine for electronic (card) payments. Stands for Electronic Funds Transfer at Point Of Sale

'Luckily, the café has EFTPOS, because I don't have any cash.'

Macca's (Noun)

McDonald's

'I'm too tired to make dinner, shall we go to Macca's instead?'

Mate (Noun)

Friend (this can be used passive-aggressively though, so pay attention to the situation)

'I like her, she's a good mate, she always has my back.'

Mozzie (Noun)

Mosquito

'The mozzies are so bad in the summer.'

Rip off (Adjective)

To cheat/something that's too expensive

'This brunch is such a rip off - \$18 for toast?!'

Servo (Noun)

Service station/gas station

'On long drives I have to stop at the servo to buy snacks.'

Shout (Verb)

To pay for the next round of drinks i.e. 'it's your shout'

'I paid for the last round, so it's your shout this time.'

Spud (Noun)

A potato

'I'd love a baked spud with sour cream right about now.'

WHILE STUDYING

Biro (Noun)

Pen

Bludge (Intransitive Verb)

To not try your hardest -

'He's bludging uni, there's no way he'll graduate.'

Chuck a sickie (Phrasal verb)

To fake a sick day from work or study.

'I can't miss The Bachelor tonight, I'll just call work and chuck a sickie.'

Dodgy (Adjective)

Poor quality/not reliable/suspicious

'That website is dodgy, I'm pretty sure it gave me a virus.'

Good on ya (Exclamation)

Well done/good on you

'Congratulations on that HD, good on ya!'

How ya going/How's it going? (Spoken phrase)

How are you?

Reckon (Verb)

Think/figure/assume

'I reckon I'll go for a run, I've been feeling lazy as.'

SWOTVAC (Noun/Acronym)

Study break/revision week

'I have so much revision to do during SWOTVAC, I shouldn't have slacked off so much during the semester.'

Uni (Noun)

University

'Do you want to walk to uni together?'

Money & Banking

A little bit of financial management can save you a lot of cash, meaning you have more to spend on what really matters: enjoying Australia! This section will help you set up a bank account, manage a budget and control your expenses.



WHY DO I NEED AN AUSTRALIAN BANK ACCOUNT?

Opening an Australian bank account will enable you to earn money in Australia. Any payment you receive from employment or a scholarship will need to be paid directly into an Australian account. Additionally, you will easily be able to access funds without attracting fees for international transfers.

When opening an account, you will be provided with a debit card, allowing you to shop across Australia and online without paying additional fees. As an international student, you need to make sure you have enough money to pay for study, resources and living expenses. You also need to make sure your money is secure and that you can access it anytime. You can use a basic day-to-day account to pay for course fees, rent or daily living costs.

Managing Money

HOW DO I SET UP A BANK ACCOUNT?

This step is easy. When you arrive, simply head into a bank in Australia and let them know you're an international student and would like to open an account. You will need to bring photographic identification, proof of your Australian address and proof of enrolment. You will be provided with access to a day-to-day account and an online savings account. Once you have been identified you will receive a debit card (this is often mailed to you when it is ready).

WHAT SHOULD I BRING WITH ME?

- PASSPORT OR BIRTH CERTIFICATE
- NATIONAL IDENTITY CARD (IF YOU HAVE ONE)
- PROOF OF AUSTRALIAN ADDRESS (CAN BE A HOUSEHOLD BILL)
- PROOF OF ENROLMENT

Note - It is not necessary to have a Tax File Number to get a bank account, but without one you will get taxed up to 48% (approximately) on the interest your money earns in the bank account.

HOW DO I MANAGE MY BUDGET?

The first thing you need to do is get an understanding of your current financial position. Predict and list all your income and expenses for the next three to six months as best you can. Then, it's time to think about ways to improve it. Think about the things

that add a lot of value versus what you pay for but really don't need, like buying a coffee every day vs making one at home. Then, download an app like Pocketbook on your phone, and sync up your bank accounts so you can start tracking and setting goals for spending and saving.

WHAT RESOURCES ARE AVAILABLE IF I AM FACING FINANCIAL DIFFICULTIES?

If you are having any difficulties with your finances, your first contact should be your study institution. They have qualified staff

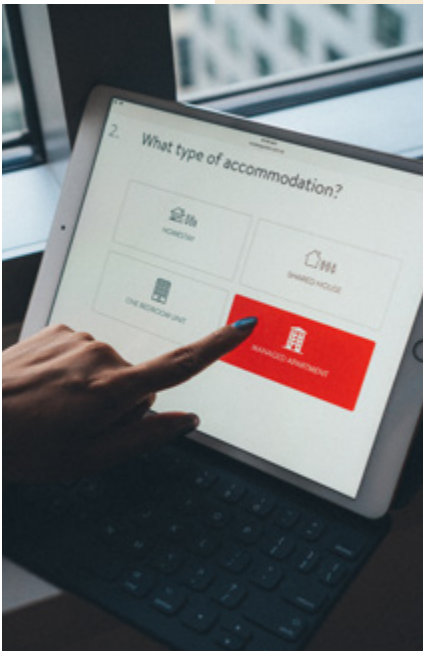
available to help and can point you in the right direction for support. If you are experiencing financial hardship then you may be able to apply to pay your tuition in instalments.

WHAT IS SUPERANNUATION?

Often known as ‘super’, it is a financial contribution towards a fund that you use to live on when you retire. You can contribute to your own fund, but most commonly your employer does this. If you are an employee, the law in Australia says you are entitled to receive super from your employer. If you earn over \$450 (before tax) in the calendar month, your employer must contribute at least 9.5% of your earnings to your nominated super fund. This is in addition to your ordinary wage.

But, many international students leave Australia without claiming their super! If you are leaving Australia permanently and have worked during your time here, you can apply to have your superannuation paid to you when you leave. This is your money! You have to apply to receive your superannuation. You can only submit a claim after you have left Australia, but it is recommended that you gather the necessary documents before you leave.

www.ato.gov.au/Individuals/Super



THE COST OF LIVING CALCULATOR

Everyone is different. Work out how much your life will cost in Australian cities.

- PERSONALISE YOUR EXPENSES
- COMPARE AUSTRALIAN CITIES
- ASSESS THE PRICES IN MULTIPLE CURRENCIES
- A SIMPLE AND EASY PROCESS
- SAVE YOUR RESULTS FOR LATER

www.insiderguides.com.au/colc

Get set up with CommBank, Australia's largest bank.

1 Open a student bank account online or at a branch.

With CommBank you'll get:

CommBank's Everyday Account Smart Access for your day-to-day banking, with no monthly account fees while you're a student:

A Debit Mastercard® to access the money in your account at ATMs (cash machines) or to shop online or in stores.

To open an account, visit commbank.com.au/studyVIC, or any CommBank branch (bring along your passport, student ID, and if applicable any tax identification numbers).

2 Get set to manage your money on the go.

Download the CommBank app to:

Manage your money from your phone and enjoy handy features like 'Find an ATM' and 'Cardless Cash' to withdraw your cash from a CommBank ATM without your card.



3 Discover some differences to banking in Australia.

Here's a couple of handy ones to know:

When paying with a card, you may be asked to choose 'savings, cheque or credit'. With CommBank accounts choose either 'savings' or 'credit'.

There aren't any 1c or 2c coins – so don't expect change if something is priced \$1.99 and you handover \$2 (it's rounded to nearest 5c).

Open your student bank account today, simply visit commbank.com.au/studyVIC, or visit any CommBank branch.



Things you should know: ~Applies if you are a tertiary student at an educational institution located in Australia. You must show us suitable student ID in branch. *If you have tax residency outside Australia you'll also need to provide your Tax Identification Number (TIN) for each country of foreign tax residency - see commbank.com.au/tin Mastercard is a registered trademark of Mastercard International Incorporated. As this advice has been prepared without considering your objectives, financial situation or needs, you should, before acting on this advice, consider its appropriateness to your circumstances. Terms and conditions issued by Commonwealth Bank of Australia ABN 48 123 123 124 are available on request at any Commonwealth Bank branch and should be considered in any decision about these products. The CommBank app is free to download however your mobile network provider charges you for accessing data on your phone. The CommBank app is available on Android operating systems 4.1+ and iOS operating system 8.0+. Full terms and conditions available on the CommBank app. NetBank access with NetCode SMS is required. Apple, the Apple logo & iPhone are trademarks of Apple Inc, registered in the U.S. and other countries. App Store is a service mark of Apple Inc. Google Play and Android are trademarks of Google Inc.



We are Australia's preferred way to pay bills*



When it comes to paying your bills think BPAY®. We are uniquely Australian and trusted by Australians.

Pay bills the way 70% of Australians do today[^].

How to pay with BPAY



Step 1

Log on to your online banking.
Choose the BPAY or Bill payment option.



Step 3

Enter the payment details:

- BPAY Biller code
- Customer Reference Number (CRN)
- Amount from your bill.

Then Click to pay



Step 2

Find the BPAY logo on your email or paper bill.



Biller Code: 1234
Ref: 1234 1234 12234

(Sample only)

Find out more bpay.com.au/guide



*RFi Payments Diary 2018. ^Kantar Millward Brown Brand Tracker 2018. Published by BPAY Pty Ltd (ABN 69 079 137 518) (Phone (02) 9646 9222; email: marketing@bpay.com.au). The BPAY Scheme is managed by BPAY Pty Ltd. BPAY Payments are offered by over 150 BPAY Scheme members. When you use BPAY the BPAY Scheme is paid fees relating to processing costs and BPAY Scheme membership. Contact your financial institution to see if it offers BPAY and to get the terms and conditions. Any financial product advice provided by BPAY Pty Ltd in relation to BPAY payment products is general advice only and has been prepared without taking into account your objectives, financial situation or needs. Before acting on such advice, you should review the Product Disclosure Statement and consider whether BPAY payment products are appropriate for your personal circumstances.

Transfer Funds

HOW DO I SEND AND RECEIVE MONEY AND PAY BILLS?

Setting up your new life in Australia is an exciting process, but it does come with a lot of expenses. You will need to pay course fees to your institution, buy textbooks, pay your accommodation costs, pay your bills every month, and have access to your money for everyday spending. This can mean a lot of transactions. There are many different ways to send and receive funds; with a little research, you can find the best solution to suit you.

SEND AND RECEIVE MONEY FROM HOME

If you have internet banking set up with your bank, you can easily receive funds from home or send money overseas. Just make sure you have all the required codes (SWIFT, Sort and, for Europeans, IBAN) and the correct account numbers. Bank accounts are best for transferring small amounts and paying your everyday expenses. If you are transferring larger amounts of money and want a better exchange rate with lower fees, you may want to consider other services.

Money transfer companies provide a fast option to send and receive money overseas in minutes. If you shop around, specialist international money transfer companies will often give you a better deal on currency exchange rates than your bank.

PayPal is perhaps the most well-known money transfer system. Many people are already familiar with it, so the person you are sending money to might already have an account. It's easy to transfer money using PayPal, and there are no setup fees. As it is an online transfer, it usually takes 24 hours. PayPal charges a currency conversion fee, which varies depending on the country you are sending to and whether you are sending to another PayPal account.

A prepaid credit card is a great way to receive money from home for daily expenses and not fall into the trap of spending more money than you have in your budget. Companies like Vasco Pay offer additional services to international students, such as weekly discounts, so you can get a bit of extra spending power.

PAY YOUR EDUCATION EXPENSES AND OTHER BILLS

Student payment services are a secure way to make payments to educational institutions, insurance, accommodation or other international education service providers, or to your own bank account for living expenses. Companies like Cohort Go and Flywire offer some great foreign exchange rates and make paying for your education expenses really easy.

BPAY is an electronic bill payment system in Australia that enables secure payment for many different expenses, like your monthly mobile phone or other utility bills. Look for the BPAY reference number on your bill and then select the BPAY option on your internet, mobile or phone banking account to make your payment.

Employment

Whether you need a job to support you while you study, or you're looking for work when you graduate, these helpful tips can make the process easier. Increase your chances of finding work and learn about your work rights in Australia.



CAN I WORK WHILE STUDYING?

While on a student visa, you can work up to 40 hours per fortnight during the semester and unlimited hours during semester breaks. A fortnight means 14 days. Australia has laws guaranteeing basic workplace rights, including minimum pay and conditions. You should always be paid for work that you do, including training and trial shifts. You should also be paid at least once a month, receiving a payslip within one working day of being paid. Employers are not allowed to give you goods or services (including food) instead of pay.

COMMON PART-TIME JOBS FOR INTERNATIONAL STUDENTS

RETAIL SALES ASSISTANT

ADMINISTRATIVE ASSISTANT

BARISTA

GENERAL HOSPITALITY STAFF

EVENT STAFF

CLEANER

FOOD DELIVERY

Food delivery jobs are easy to get but can come with issues around rates of pay. See our full article for more information: www.insiderguides.com.au/food-delivery

Preparing to Work

HOW DO I DEVELOP A NETWORK?

The ability to build relationships and contacts that can lead to future opportunities is an important skill to develop. Classmates, tutors and lecturers can play an important role in establishing a network of your own. Attending events relevant to your studies is a great starting point. LinkedIn is an ideal platform for keeping track of your network:

www.insiderguides.com.au/students-linkedin



WHAT DO I NEED TO KNOW ABOUT TAX?

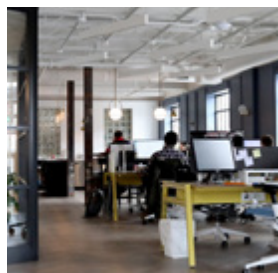
Before working in Australia, it is crucial to obtain a Tax File Number (TFN). Your TFN will ensure that you get taxed at the correct rate for the amount of work you are doing. Australia has a tax-free threshold of \$18,200, meaning you will pay no tax if you earn less than this amount in one year. If you have any tax taken from your earnings, you will need to complete a tax return at the end of the financial year.



INTERSHIPS AND WORK EXPERIENCE

Check with your institution's career centre for options for arranging an internship or work experience. Through Study Melbourne, the Victorian Government also provides opportunities for you to lead, intern, volunteer and experience Melbourne - helping you to explore, make friends, and get involved in community activities through volunteering, workplace experience or building entrepreneurial skills.

www.studymelbourne.vic.gov.au/live



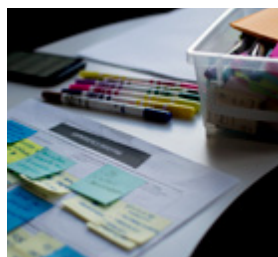
WHERE CAN I GET MORE EMPLOYMENT INFORMATION?

In addition to the extensive range of articles on www.insiderguides.com.au, you can now also head to our YouTube channel for videos on the subject:

www.insiderguides.com.au/youtube

Study Melbourne provides employment information on their website. The site has details on employment while studying:

www.studymelbourne.vic.gov.au/employment-and-work





WHY SHOULD I VOLUNTEER?

Volunteering will provide you with a vast range of soft skills, improve your ability to communicate, allow you to make new friends, and help you integrate with your new community. Your university may have a volunteering office, but if not, seek help at the careers office. Off-campus volunteering may take you further into the local community and allow you to learn about Australian customs. The experience you develop through volunteering can be of great advantage when you apply for a professional role.

www.volunteeringvictoria.org.au

www.volunteer.com.au



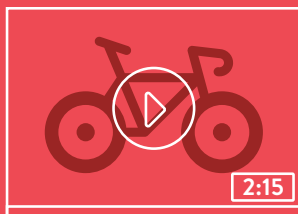
HOW DO I GET A JOB AFTER I GRADUATE?

In your final year you will be able to apply for graduate positions with a range of organisations. Employers have the opportunity to sponsor your visa, and if your degree falls under the Skilled Occupations List, this process is much easier. See the site below for more information on visas and the Skilled Occupations List.

www.homeaffairs.gov.au

To learn more about employability skills, we recommend reviewing the International Education Association of Australia (IEAA) International Employability Guide:

www.ieaa.org.au/research/employability



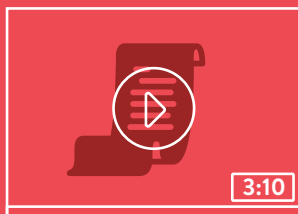
Buying a Bike



Finding a Job



Accommodation Options



Writing a Resumé



Coffee Culture



Christmas in Australia

Subscribe to our YouTube channel

Short videos on everything you need to
know about studying in Australia.

[insiderguides.com.au/youtube](https://www.insiderguides.com.au/youtube)

How do I Write a Résumé?

The basics of a résumé include your contact details, previous work history and, for students and recent graduates, details about your education. Keep it as concise as possible and get somebody to proofread it for you.

Include at least one reference; this should be a previous employer or someone who knows your work or study ethic. Speak to a friendly tutor if you need someone to be a reference for you. Your résumé and cover letter should be targeted for a particular role; don't use the same generic versions for all jobs.

We have underlined the errors in the following résumé in red.

PERSONAL INFORMATION

Ms Insider Guides
2019 Guides Street
Email - iloveponies27@hotmail.com
Ph (01) 2345 6789
DOB - 01/02/03
Height - 250cm Weight - 170kg
Visa - Student
Marital Status - Divorced
Religion - Jedi

Avoid including your Date of Birth or particularly personal information like your height/weight, marital status or religion.

Make sure your email address is professional.

EMPLOYMENT HISTORY

Shop Asistant
Insider Shop Jan 2017 - Present
Responsibilities: Handling Money
Key Achievements: Staff Award

Carefully proofread your résumé to eliminate all typos and other errors.

Highlight your responsibilities in the role and, where relevant, showcase any significant achievements (awards, beating targets etc.).

EDUCATION HISTORY

Bachelor of Arts - Insider University
Insider Primary School
Responsible Service of Alcohol Certificate 2017

If you haven't graduated yet, list your expected completion date.

You certainly don't need to include your primary school education and high school is definitely optional, but won't look out of place if you want to highlight your history of high achievement.

Include short courses if you believe they are relevant or beneficial to the role you are applying for.

Get organised and study better.

**HOLDS STRONGLY,
REMOVES CLEANLY.**



Command™ hooks and strips.

- No tools no nail holes
- Ideal for renters.



Available from Officeworks



AM I GETTING THE RIGHT PAY?

As an international student, you have the same workplace rights as all workers in Australia. The Fair Work Ombudsman (FWO) can help if you have concerns about pay, leave or how you're treated at work. www.fairwork.gov.au has information in 40 different languages to help you understand your work rights.

You can contact the FWO for help without fear of your visa being cancelled, as long as certain conditions are met. See www.fairwork.gov.au/internationalstudents for more information.

The FWO's anonymous reporting tool at www.fairwork.gov.au/tipoff lets you report a workplace issue without providing your personal information. It's available in 17 languages. The FWO's Record My Hours app makes it easy to record the hours

you've worked. Download it now from the App Store or get it on Google Play!

You can visit www.fairwork.gov.au or call the FWO on 13 13 94. To speak your language you can call the Translating and Interpreting Service (TIS) on 13 14 50. Tell the operator the language you speak and ask them to call the FWO on 13 13 94. Contacting and getting help from the FWO is FREE!

If you'd like to talk to someone in person, don't forget about the Study Melbourne Student Centre. Services include free, confidential and independent legal advice on employment matters (excluding migration) for international students in Victoria www.studymelbourne.vic.gov.au/employment-and-work

*Study Melbourne Student Centre
17 Hardware Lane, Melbourne
1800 056 449*

WHERE SHOULD I LOOK FOR A PART-TIME/ CASUAL JOB?

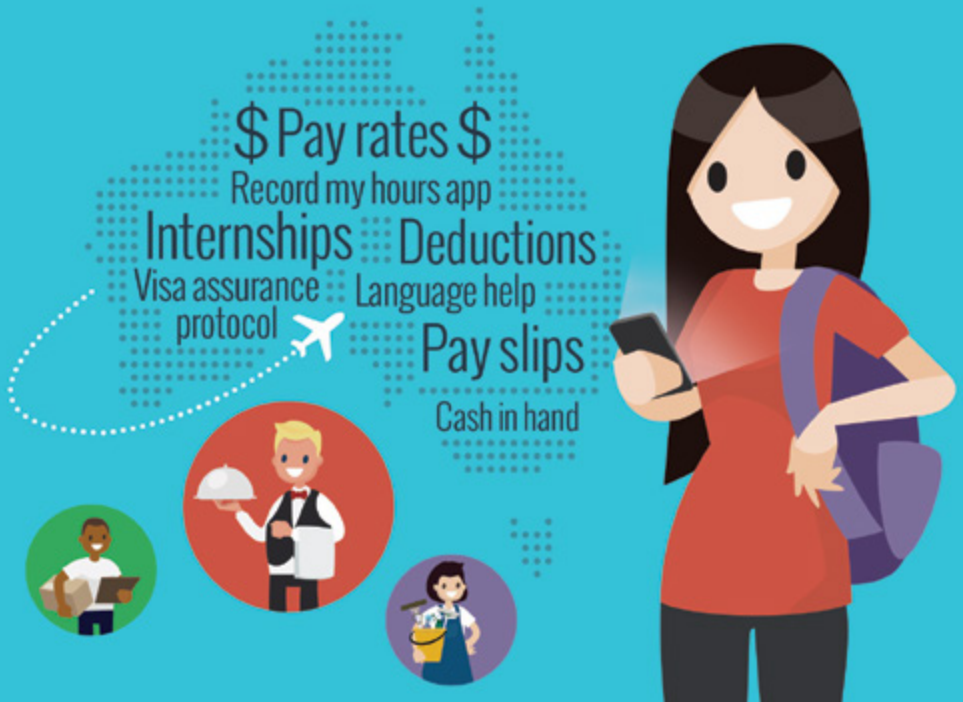
Many international students use www.seek.com.au to find jobs, which is the most popular one here in Australia. Other large popular sites include www.careerone.com.au and au.indeed.com. But there are others that are better for international students such as www.oneshift.com.au and www.spotjobs.com. These student-oriented sites make it easier for international students to find appropriate roles while studying in Australia.

Whatever role you are interested in, your institution's career centre (where available)

is a great place to get started. The career centre is an underused resource that can provide support with résumés, cover letters and interview techniques. It often runs institution-specific job boards that you can take advantage of as well.

Other options for discovering part-time/casual roles include www.gumtree.com.au and industry-specific Facebook pages (eg 'Bartenders in Melbourne'). These resources can be useful but you must be extra careful that these roles do not breach your work rights in any way. If you are unsure, you can seek advice from Study Melbourne's international student work rights legal service. For more information, or to make an appointment, email info@studymelbourne.vic.gov.au or call 1800 056 449.

International students have the same workplace rights as all workers in Australia



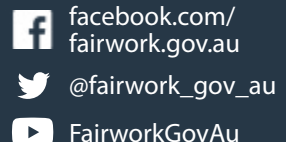
Find out about your work rights in 40 different languages for FREE @ www.fairwork.gov.au



If your pay and conditions are less than what you're entitled to, call 13 13 94 or lodge an anonymous report about your concerns. The Fair Work Ombudsman is committed to keeping workplaces fair.



Fair Work
OMBUDSMAN



Studying

Understanding the structure and demands of studying in Australia is crucial to success. This guide will help you prepare, manage and eventually thrive in your studies.



FIRST DAY CHECKLIST

CREATE A LESSON TIMETABLE

An easy-to-understand lesson timetable means you'll always know where you're supposed to be and when.

CREATE A STUDY TIMETABLE

Organise your study routine around your classes, for both study and other activities.

CHARGE YOUR DEVICES

Make sure your laptop and phone are charged. You don't want to run out of battery halfway through your second class.

PRINT OUT ANY OFFICIAL UNIVERSITY DOCUMENTS

Make sure you've printed all the paperwork you need, so orientation is an easier process.

WHAT TO PACK

STUDENT ID (IF RECEIVED IN O-WEEK)

OFFICIAL UNIVERSITY DOCUMENTS

DIARY

SNACKS

CAMPUS MAP

TEXTBOOKS FOR ALL SUBJECTS (OR AT LEAST A COUPLE OF SUBJECTS!)

FOLDERS FOR ALL SUBJECTS

A COUPLE OF PENS AND PENCILS

CABLES FOR ELECTRONIC DEVICES

MONEY FOR COFFEE!

WHAT SERVICES ARE AVAILABLE ON CAMPUS?

You're paying a lot of money to study here, so you should know what your institution offers for free as part of your fees! Many international students don't realise just how much help is available.

CAREER CENTRE

This office will assist you in creating an effective résumé and explain how to complete a job application and prepare for a job interview. Staff can also help you plan out your graduate career and discover volunteer and internship opportunities. They can also help you find casual work. Not many students use it because they simply don't know about it. Now you do!

INTERNATIONAL STUDENT OFFICE

On campus, this office is your best friend. Staff will assist with your orientation, organise social events and answer your questions that relate specifically to international students.

LIBRARY

There is more to your library than just a collection of books. Libraries are full of meeting rooms, TVs, journal databases, computers and more. If you can't get work done at home, head down to the library. Learning how to use the library effectively will drastically improve your chances of truly succeeding in your studies. Libraries also offer a range of workshops to enhance your academic skills.



HOW DO I SAVE MONEY ON TEXTBOOKS?

1. Check with students from higher years

Look for adverts on your institution's message boards (both online and on campus) and if you can't see what you are looking for then post your own advert.

2. Use an online tool like Textbook Exchange

These online resale sites allow you to buy second-hand textbooks from students across the country.

www.studentvip.com.au/textbooks

3. Consider eBooks

Do you need a hard copy of your textbook? If not, download a digital copy and save some money.

4. Rent your textbooks

Will you ever look at the textbook again? If you only need it for one semester then consider renting it online.

5. Use the library

Campus libraries often have limited numbers of textbooks available to actually borrow but they will have reserved copies that you can access while in the library.

Study Terms

Census date

The date by which you must finalise your enrolment before fees are charged. The last day to withdraw from a course without having it listed on your academic record.

Course

The individual unit of study that makes up a program - usually completed in a semester - for which a result is given. Each course will have a course coordinator, who is an academic staff member with overall responsibility for teaching.

Full-time

The number of units to be considered 1.0 EFTSL (Equivalent Full-Time Student Load). International students in Australia generally have to be enrolled full-time.

Grade point average (GPA)

This score is the average of the results you receive in your program, taking into account different unit values of courses.

Lecture

Regular formal presentations of the course material, delivered to a large number of students by an academic staff member.

Orientation (O-week)

A week of activities and information sessions to welcome new students to the university at the start of each semester.

Practical (Prac)

Regular sessions where students participate in exercises after a brief presentation and explanation from a tutor.

Semester

The university year for most students will be divided into two semesters. Semester one runs in the first half of the year (Feb-July) and semester two in the second half (Aug-Dec).

TAFE (Technical And Further Education)

These vocational education providers cover a range of subjects and offer various levels of certificates and diplomas. Students receive practical and vocation-oriented education.

Transcript (Academic record)

Official academic transcripts cost money to get from your Student Centre, but graduating students are given one free copy. Unofficial records can be printed using the online login you use at university.

Tutorial (Tute)

An often compulsory small discussion group, led by a tutor, to discuss the material presented in lectures.

WHAT IS PLAGIARISM?

Plagiarism is essentially copying someone else's work and presenting it as your own. This may be literally copying part of an essay (or the entire thing) written by someone else, or using the words of an author without referencing them. If you use someone else's idea, even if you write it in your own words, you will need to provide the source. If you are found guilty of plagiarism there can be serious consequences, including expulsion from your course. This may lead to the cancellation of your student visa.

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latrobe.edu.au/international



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latrobecollegeaustralia.edu.au



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College Australia

Health & Safety

If you're going to enjoy the best of Australia, you need to be fit and healthy! Remember, in a non-emergency situation you should attend a health clinic and not a hospital.



WHAT IS OVERSEAS STUDENT HEALTH COVER (OSHC)?

All students in Australia must have OSHC to cover the entire period of their stay. This would have been arranged when you organised your visa. OSHC covers in-hospital and out-of-hospital medical assistance, prescription medications and emergency ambulance assistance. Make sure you know the extent of your cover to avoid any unwanted charges. You will be covered even if you don't have the physical OSHC card with you.

WHAT SHOULD I DO IF I HAVE A COMPLAINT ABOUT MY OSHC PROVIDER?

If you face a situation where you feel like you're being taken advantage of or unfairly treated in regards to your OSHC, you can contact the Private Health Insurance Ombudsman (PHIO). It's a free service designed to help you out of trouble!

www.ombudsman.gov.au/about/private-health-insurance

WHAT DO I NEED TO KNOW ABOUT HOSPITALS?

If you are feeling sick then visit a doctor at a local medical centre first. This is the cheapest upfront option and you may be able to claim all or some of the cost from your OSHC provider.

Hospitals are for emergency situations - either life-threatening or an injury/illness that is quickly getting worse. If you need to visit a public hospital then call your health cover provider to see if you're covered, as the hospital may charge you a fee.

HOW DO I FIND A DOCTOR?

Your OSHC provider will likely maintain a list of recommended providers. Their website may even have a 'find a doctor' resource to assist you in finding a doctor. The website www.healthengine.com.au can also be used to locate a doctor to match your needs.

WHAT SHOULD I DO WHEN MEDICAL CLINICS ARE CLOSED?

Very few medical clinics are open seven days or have 24-hour services (and those that do can be expensive). If you need a medical certificate or you have a minor illness, wait until the medical clinics are open. You can also ring Healthdirect Australia (1800 022 222) to get advice on treating non-life-threatening illnesses.

WHAT SHOULD I KNOW ABOUT SEXUAL HEALTH?

You can get contraceptive medications and devices very easily and cheaply in Australia. Condoms are available from supermarkets and pharmacies. Emergency contraceptives are available from pharmacies if you need them. Pregnancy tests are also available at the pharmacy or supermarket. For free and confidential advice about contraception, pregnancy options and sexual health contact 1800 My Options. It is important to remember that the more sexually active you are the more often you should get tested for sexually transmitted infections (STIs). If left untreated some STIs can have serious impacts on your health outcomes. Melbourne Sexual Health Centre provide free and confidential services to all international students

www.1800myoptions.org.au - www.mshc.org.au

WHAT SHOULD I DO IF I'M FEELING HOMESICK?

Remember to take time out for yourself. If things seem too hard and you're not feeling like you think you should, it's important to talk to friends and family and ask for help. Universities and colleges often have counselling services or you can use free services like Beyond Blue, Lifeline and Headspace. Like your body, your mind also needs care and attention, and it's important that you look after it. Mental health is the primary reason people go to the doctor so don't ignore it.

www.beyondblue.org.au - www.lifeline.org.au - www.headspace.org.au

WHAT IS SEXUAL HARASSMENT?

Sexual harassment can take many forms, both physical and non-physical. Sexual harassment may include:

1. **UNNECESSARY FAMILIARITY, SUCH AS UNWELCOME TOUCHING**
2. **SUGGESTIVE COMMENTS OR JOKES, INSULTS OR TAUNTS OF A SEXUAL NATURE**
3. **INTRUSIVE QUESTIONS OR STATEMENTS ABOUT SOMEONE'S PRIVATE LIFE**
4. **SENDING SEXUALLY EXPLICIT EMAILS OR TEXT MESSAGES**
5. **REQUESTS FOR SEX OR REPEATED UNWANTED REQUESTS TO GO OUT ON DATES**
6. **PHYSICAL ASSAULT, INDECENT EXPOSURE, SEXUAL ASSAULT, STALKING OR OBSCENE COMMUNICATIONS**

WHO CAN I CONTACT IF I HAVE BEEN SEXUALLY HARASSED OR ASSAULTED?

Should you need to contact someone at your university to report sexual assault or for support services in relation to sexual assault, Universities Australia lists contact details for universities.

www.universitiesaustralia.edu.au/uni-participation-quality/students/Student-safety

CASA (Centre Against Sexual Assault) provides 24 hour free and confidential support for any person that has experienced sexual violence in Victoria - 1800 806 292

WHAT SUPPORT SERVICES ARE AVAILABLE FOR LGBTIQ PEOPLE?

LGBTIQ stands for Lesbian Gay Bisexual Trans Intersex Questioning. In Australia, the Sex Discrimination Act 1984 makes it against the law to discriminate against a person on the basis of sexual orientation, gender identity or intersex status.

The Australian LGBTIQ Uni Guide is a terrific resource that enables you to compare the

ways in which Australian universities cater to the needs of their LGBTIQ students. lgbtiuniguide.org.au

At a national level there is QLife, qlife.org.au. If you're looking for support services that are sensitive to your cultural needs, or would just like to engage with other LGBTIQ students from similar backgrounds then AGMC, agmc.org.au, is a good resource. Or join the Rainbow International Students Network on Facebook.

HOW CAN I STAY SAFE?

Be aware of the security and emergency arrangements of both your institution and the local area. If you are leaving your institution at night then try to walk with a friend or a group. Take well lit paths that are used regularly by other people. If this is not going to be possible, check if your institution has an escort service available.

Victoria Police also provides a range of helpful information to help you stay safe, which is available on their website.

www.police.vic.gov.au

If there is a life-threatening situation, call for emergency services on Triple Zero (000). If you require a translator then tell the operator your language and they will connect you to one.



Beating Loneliness

Feeling lonely is a natural part of studying away from home. Everyone has moments when they miss loved ones but it is important to not let these feelings get on top of you. The tips below will hopefully help out and you can learn more at: www.studymelbourne.vic.gov.au/help-and-support/study-well



Communication

Leaving family and friends is always hard but it has never been easier to stay in contact. Stay in your social media/chat groups and arrange regular Skype chats to keep up to date. Staying connected to those close to you, and discussing how you are feeling, can make a huge difference.



Understand your position

It is easy to slip into 'victim' mode and feel sorry for yourself. Try to shift this focus to the positives - the education you are receiving, the opportunities you may gain from this, the experiences on offer to you (we have plenty of suggestions in this guide) and the people you meet.



Volunteer

Connecting with others in need of assistance and getting involved in local communities can be an ideal way to change your focus. Whether working with those less fortunate than you, or helping out a group on campus, you will likely walk away feeling less trapped by your circumstances.



Reach out

Join a club or society on or off campus that interests you and enables you to meet and mingle with other students. Chances are they have had similar thoughts to you and would also love to hear that they are not alone. They have also gone through similar experiences of leaving home and taking on additional responsibilities. See page 104 for more details.



Visit a counsellor

You are not the first, nor will you be the last, international student to feel this way. Counsellors are experienced in helping students facing the same issues. Don't be afraid to arrange a chat, your institution has support services available for these exact reasons.

Activities to Improve Your Health



RESISTANCE TRAINING

Resistance training including free weights, resistance bands, and weight machines, in conjunction with proper nutrition, is great for your health and can help keep you feeling fantastic. Gyms can be a large expense so make sure you are committed before you sign a contract. More flexible 24/7 options present better value if you can live without classes and swimming pools. Most universities also have gyms and offer students reasonable rates.



MINDFULNESS

Mindfulness essentially just means paying attention to the moment, allowing you to concentrate, relax, and be more productive. Mindful meditation generally involves sitting quietly, closing your eyes and focusing on your breathing. Apps to check out include Headspace (meditation), ReachOut Breathe (controlled breathing) and Smiling Mind (mindfulness meditation).



YOGA

There are many different types of yoga, with varying levels of intensity and movement. The most common are hatha, Bikram, and Ashtanga. Use Find Yoga to find a class near you, with plenty of beginner classes available.

www.findyoga.com.au



PILATES

Pilates is an exercise that focuses on flexibility and strength. There are two different types of Pilates: mat-based and equipment-based, which is sometimes called 'reformer Pilates'. YouTube is a great starting point but for further instruction check out a studio using Australian Pilates.

www.australianpilates.asn.au

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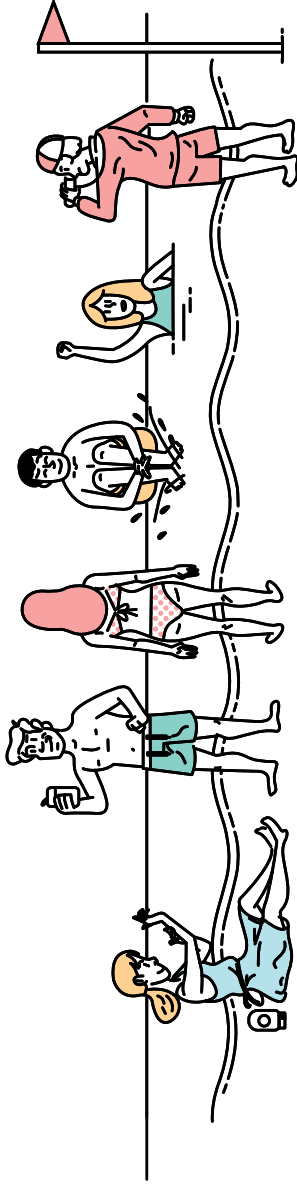
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**One per customer while stocks last. Available at Jurlique concept stores only.*

Beach Safety

A day spent at one of Australia's 10,685 beaches is rarely a day wasted. If you're planning a day out by the water, here's your guide to staying safe and having a great day.



Plan Your Visit

Check the weather forecast before you leave. If there's heavy rains or storms, consider postponing. Make sure you apply and pack sunscreen. Even if it's cloudy the UV can be high. Don't go swimming if you have consumed drugs or alcohol.

Stay Safest

Don't go swimming alone - grab a couple of friends and head to a patrolled beach. Once there, check for any signs and follow the instructions. Swim between the yellow and red flags, this is the monitored spot that's been deemed safest for swimming. Don't dive into water, you may overestimate the depth and this can have very serious consequences.

How to Get Help

If you ever find yourself in trouble while swimming, try to stay calm and raise your hands to show that you need help. If you see someone else in distress in the water, emergency dial Triple Zero (000). For more information see Royal Lifesaving Australia.

www.royallifesaving.com.au

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Transport

Melbourne's public transport system is envied across Australia. With over 250km of tram lines weaving through the city and surrounds, you're only a short (and often free) ride away from your next lecture, tutorial or coffee catch-up.



TRAMS

Unlike other Australian cities, Melbourne has an extensive tram network that stretches outward from the city centre. In fact, Melbourne's network is one of the largest in the world.

During peak times, trams will run every seven to 10 minutes. Trams are free within the centre of the city.

BUSES

The tram network rules central Melbourne, but if you live in the outer suburbs then buses may be a better solution. Bus frequency varies depending on the time of day. Popular routes are frequented every 10–15 minutes during peak times, and once every 20 or 30 minutes during the evenings.

TRAINS

Melbourne has 15 train lines stretching from the CBD into the outer suburbs. They are an effective solution for travelling to these outer suburbs but can become very busy during peak hours. On busy lines at peak hour, trains can run every four or five minutes. During off-peak times, some trains may only run every 20 minutes.

Melbourne is a large city, so for ticketing purposes it has been divided into two 'zones'. Zone 1 includes the CBD and the inner suburbs, while Zone 2 encompasses the outer suburbs.

Ticketing

The reusable myki smart card is easy to use. Simply top up before your journey and then touch on and touch off at a myki reader as you travel. A myki works a bit like a debit card: first, you'll need to load money onto your myki at a station or an authorised store. Visit ptv.vic.gov.au for information on where to buy and top up a myki. Next, simply touch the card to the yellow card reader when you enter and exit a station or vehicle and your fare will be automatically deducted.

IUSEPASS

The iUSEpass reduces the cost of travel for eligible international students by 50% on the cost of a full fare annual pass. Check ptv.vic.gov.au/iuse to see if your institution is participating.

International students are not entitled to student concession fares in Victoria, and the iUSEpass is the only discounted ticket available to international students. Do not purchase student concession tickets as you risk being heavily fined.

PTV APP - MetroNotify - Tramtracker

studymelbourne.vic.gov.au/getting-around-melbourne-victoria

NEED TO KNOW

For all your public transport enquiries, head to ptv.vic.gov.au. Here, you will find timetables, ticketing information, journey planners, maps, and phone numbers to call if you require information in a foreign language. If you would prefer to speak to someone in person, you can visit the PTV Hub located at Southern Cross Station, or call 1800 800 007. You can also download these mobile apps to help you get around.

TAXIS

Taxis are another way to get around Melbourne. You can book one using an app, over the phone, online, hail one on the street or find one at a rank. When the dome light (on the roof) is lit up, the taxi is available for hire.

Ordering Taxis (Phone or ONLINE)

13 CABS (132 227) - 13cabs.com.au

Silver Top Taxi Service

131 008 - silvertop.com.au

Yellow Cab Co - 132 227

Platinum Taxis - 9090 1800

RIDESHARING

The first to launch, and still by far the most popular, is Uber. A recent addition has been UberPool, allowing you to reduce your fare by sharing with others heading in a similar direction.

Other companies in the Melbourne market include GoCatch, DiDi and Ola, offering discounted rates during quiet hours of the day. The most unique ride sharing option available in Melbourne is the female-only service Shebah. All drivers and all passengers of the service are female, with the exception being males under 18 travelling with a female, and many cars come with car seats available.

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Student Education Pass (iUSEpass)

Get half price travel with an iUSEpass



To see if you're eligible, visit ptv.vic.gov.au/iuse

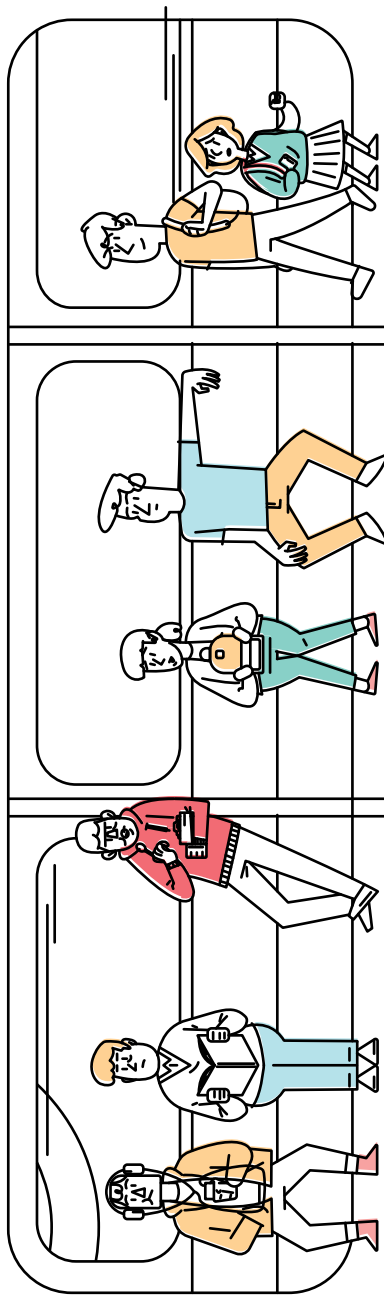


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Transport Etiquette

We all know the universal rules of public transport - wait for people to get off before you get on, move down the aisle and give up your seat for those more in need - but here are a few extra tips to keep in mind in Australia.



Personal Space

If there are spare double seats then take one rather than sit next to someone you don't know.

Poles

Don't hog the pole by leaning against it, let other people hold onto it.

Food

Small (and quiet) snacks are generally accepted (although often against the rules) but avoid eating an actual meal.

'Manspreading'

Avoid taking up more space than you need to.

Backpacks

Be aware of how much space they take up and be prepared to take them off when crowded.

“Swinburne continues to give me a big advantage over others.”

JERRY ANH DUC NGUYEN

Accounting and Finance Graduate (2013)
Head of Revenue Growth at Coca-Cola Vietnam

Swinburne is among the Top 40 universities worldwide for Art and Design*, and is ranked #1 in Victoria^ for:

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swinburne.edu.au



*QS World University Rankings 2018. ^Business, IT: QILT Student Experience Survey 2017. Engineering: QILT Graduate Outcomes Survey 2016-2017. Law: QILT Student Experience Survey 2016-2017. CRICOS 00111D RTO 3059

Bikes

Most international students will spend between \$700 - \$1500 a year on transport. This makes getting a bike a very cheap alternative.

Add to that, riding a bike is:

- Good for your physical health
- Good for your mental health
- Good for the environment
- Reliable (no more waiting for late trains or traffic jams) and a great way to get to know your city (and beyond)

BIKE LAWS

It is illegal to ride in Australia without a helmet and you must have a light on your bike if you plan to ride at night. Melbourne features extensive bike paths and bike lanes throughout the city. Make sure you stay in these designated bike lanes while riding and obey all the relevant road rules. Council websites are a good source of information on bike facilities around your area.

LOOKING AFTER YOUR BIKE

RACV Bike Assist is available to assist cyclists after accidents or mechanical issues. They will either fix the problem or provide you with a taxi to continue your journey. www.racv.com.au

Parkiteer bike storage cages are available at train stations. If it's too far to ride to university or the city centre, then ride to your nearest train station and store your bike there instead.

BIKE LANES

There are 135km of designated bike lanes and tracks around Melbourne, designed to keep you safe. Key bike lanes include La Trobe Street and St Kilda Road. For a complete guide to bike lanes in Melbourne:

melbourne.vic.gov.au/parking-and-transport/cycling

BUYING A BIKE

The cheapest overall option is to buy your own bike to use throughout your time in Melbourne. If you're worried about having to get rid of your bike once your studies are over, you can sell or donate your bike after you no longer need it. givenow.com.au has a list of organisations that accept donations of bikes. If you want to sell it, we recommend putting up a listing on gumtree.com.au.

HIRING A BIKE

Thanks to the Melbourne Bike Share Project, you will find several blue bike stations scattered around the central city. This is a great option if you want to make a number of short trips; it costs only \$3 per day as long as each individual trip lasts less than 30 minutes. Helmets are available to hire for free or you can buy one for \$5 at many retail outlets and vending machines at Southern Cross Station or Melbourne University.

www.melbournebikeshare.com.au



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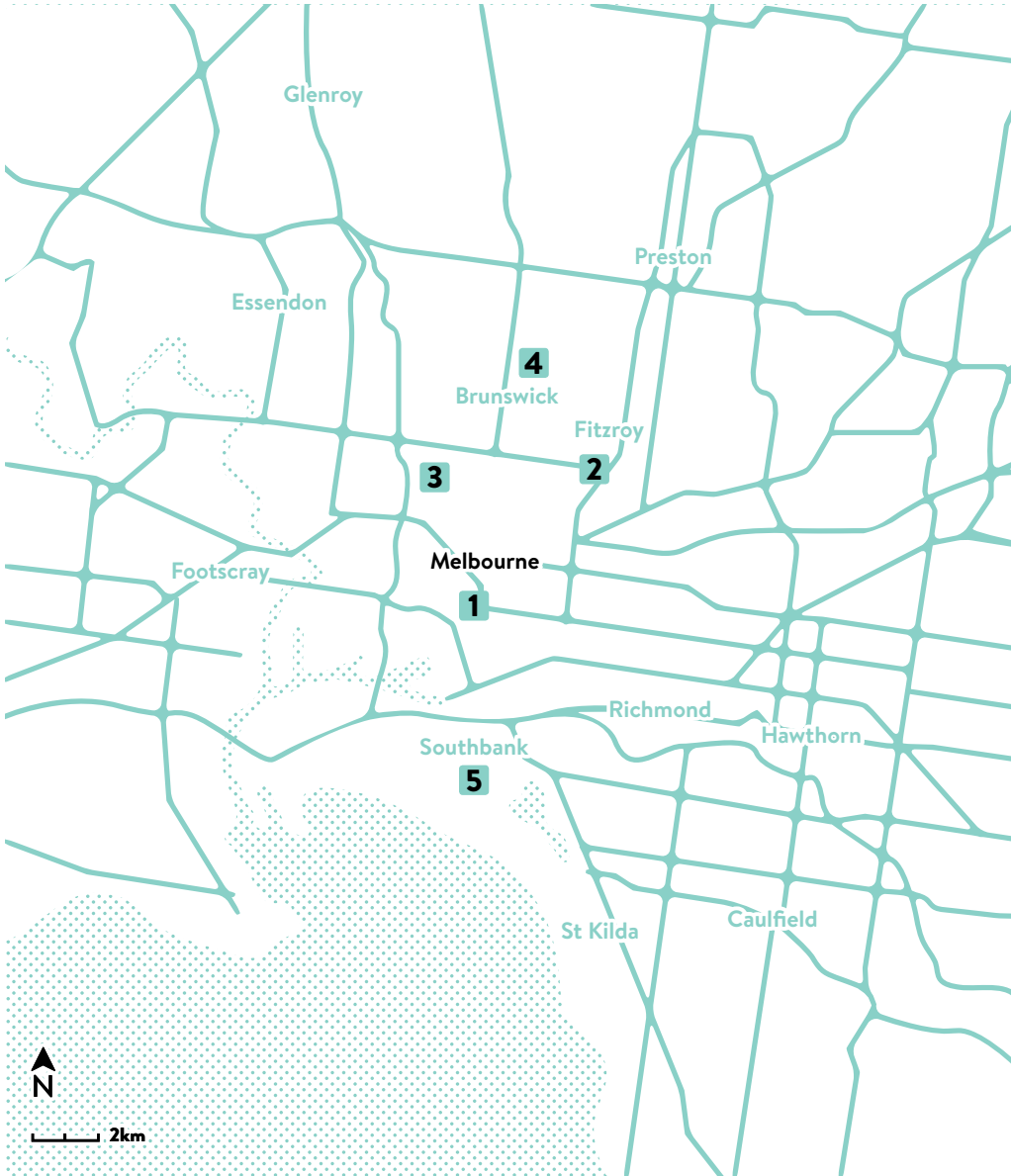
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Areas of Melbourne





1 CITY CENTRE

PG. 72

A constant hub of activity, the city centre is packed full of restaurants and exciting events throughout the year.

2 CARLTON & FITZROY

PG. 80

Hotspots of food in Melbourne, these suburbs are also full of nightlife, cool shopping and live music venues.

3 NORTH MELBOURNE & PARKVILLE

PG. 84

Defined by famous establishments, open spaces and their proximity to the city.

4 BRUNSWICK & NORTHCOTE

PG.84

These suburbs are relaxed with plenty of classic old pubs, cheap dining options and live music venues.

5 SOUTHBANK & SOUTH MELBOURNE

PG. 92

Packed full of new restaurants, creative spaces and spectacular views over the city centre.

City Centre

The heart of Melbourne is filled with hundreds of laneways waiting to be explored. At the end of any laneway, you might find street art, a hidden bar, boutique... or all three!

HIGHLIGHTS

The best parts of Melbourne are tucked away in its famous laneways, and it takes a little curiosity to find the hidden gems. Flinders Lane is the most well-known laneway, home to world-renowned restaurants like Chin Chin, Supernormal and Cumulus Inc. But there are also plenty of cheap eats to be found nearby. Gami Chicken & Beer is famous for its Korean fried chicken, Neil Perry's Burger Project is a great spot for burger-lovers, and Tim Ho Wan and Hawker Chan are both quick, cheap and reliably good.

It's also worth checking out Hosier Lane, a graffiti-filled alleyway, and Degraves Street, which is packed with cafes. Both laneways lie just off Flinders Street. To try Melbourne's famed coffee, head under the Degraves Subway and come out at the entrance to Degraves Street. Take your pick of the cosy cafés and settle down with a hot cup of the best coffee you'll ever taste.

The CBD is also a fantastic place to shop for clothing. Throughout the laneways, you'll

find cute boutiques housing local designers, vintage, and unique finds. There are also some beautiful arcades dotted around the city that are home to all kinds of shops. For cheap basics, you'll find Uniqlo in Emporium Melbourne, or Cotton On and H&M in Bourke St Mall. DFO South Wharf is a great outlet mall if you're looking for a designer bargain.

Melbourne is famous for its themed bars. The Croft Institute is a favourite, serving drinks in test tubes and syringes, and StoryVille is a fun spot with a fairytale theme. If you're looking to dance, look no further than The Toff in Town on Swanston Street for all the best pop hits and a lively crowd. Nearby, Section 8 is a unique bar to catch up with friends, created from little more than shipping containers. Like many of Melbourne's best spots, it's hidden down a laneway but is well worth the effort. After a few drinks, indulge at one of the many 24-hour restaurants in the Melbourne CBD: Stalactites serves delicious gyros and Greek food, while Shujinko dishes up fantastic ramen.



CHEAP CHOICE

Art fans will love exploring the street art that adorns most of the city's laneways. And you can go back time after time, as the art changes regularly.



COMMUNITY FACILITIES

On Hardware Lane you'll find the brand new Study Melbourne Student Centre, a 'one stop shop' where international students in Victoria can access a range of free support, information and welfare services.

The State Library of Victoria, located on Swanston Street, is one of Australia's most beautiful buildings, open to the public for reading and studying. It also offers free Wi-Fi and easy access to printing and photocopying services. The Hub @ Docklands provides free Wi-Fi, library services, information on local events and community groups, and social and recreational activities.

Melbourne City Baths are also located on Swanston Street, providing gym facilities, classes, massages, and lap pools at membership or casual rates. There are also plenty of dedicated gyms dotted around the city, including Fitness First, Snap Fitness and Anytime Fitness.

For any health needs, you'll find CBD Doctors Melbourne, the Midtown Medical Clinic, and the Swanston Street Medical Centre in the centre of the city. All three specialise in men's and women's health, travel medicine, vaccinations and more.

UNIQUE EXPERIENCES

From December to April, you can enjoy outdoor movies on the roof of Curtin House. At Rooftop Cinema, movies range from the latest blockbusters to old classics, with a few cult favourites thrown in from time to time. Plus, the rooftop offers an excellent view of Melbourne. Downstairs at Curtin House, you'll find the iconic bar, Cookie. Whether

you're up for a beer or some Thai food, it's a great spot to hang out. Grab a balcony booth and watch the bustle of the CBD from above.

Dating back to the 1850s, Melbourne's Chinatown is a constant hub of activity. The area is not only home to some awesome food, but it also regularly hosts events including Chinese New Year festivities.

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/ MUSIC PRODUCTION
/ MUSIC
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/ INTERIOR DESIGN

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/ CONTENT CREATION
/ ENTERTAINMENT MANAGEMENT
/ MUSIC PRODUCTION
/ MUSIC
/ ENTERTAINMENT JOURNALISM
/ FASHION MARKETING
/ INTERIOR DESIGN



Flinders Lane Creative Spots

Known for its exciting dining options, Flinders Lane is also home to a collection of creative spaces.

1 NICHOLAS BUILDING

Spread across several floors, the building is the base for a selection of artists, designers and galleries.

2 ANNA SCHWARTZ GALLERY

This contemporary art space hosts frequently changing exhibitions. Dating back to 1986, the gallery has promoted the careers of many prominent Australian artists.

3 HOSIER LANE

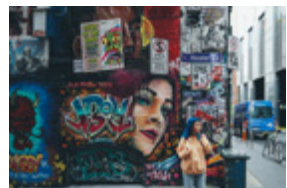
One of the most photographed spots in Melbourne, this street art-filled laneway is always alive with activity.

4 FLINDERS LANE GALLERY

With a strong focus on solo exhibitions, this contemporary art space is a big promoter of local talent.

5 FORTYFIVEDOWNSTAIRS

A space for visual art, theatre and music, the open downstairs space can be adapted to suit a range of uses.










Individual pathways + creative learning

Designed and taught by industry professionals, Macleay College's courses focus on innovative practices and project-based learning. The small classes feature personalised teaching that nurtures each student's unique strength. Students put their learning into practice through Macleay's mentored internship program in order to build their professional networks and experience what it's really like to work in their industry of choice.

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Each floor of this famous building delivers another fascinating experience.

1 COOKIE

Whether you feel like a sit-down meal or a beer from the bar's range of taps, Cookie is a perfect choice.

2 TOFF IN TOWN

The private carriage booths are a drawcard at this cocktail and live music bar.

3 METROPOLIS BOOKSHOP

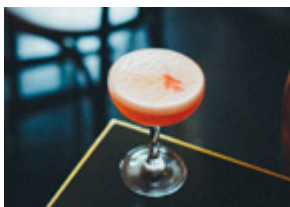
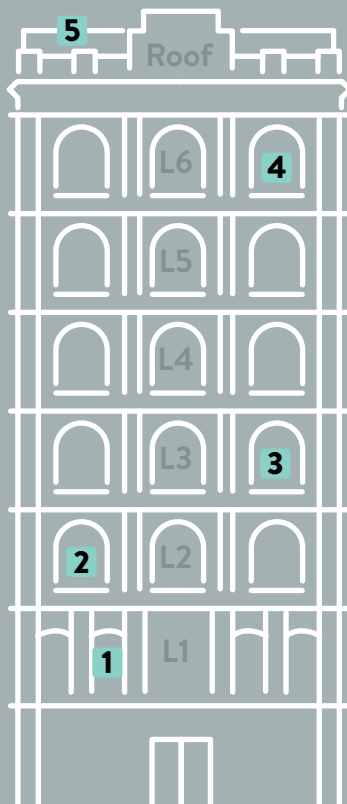
This independent bookshop has a focus on graphic design, architecture, film, music and art.

4 MESA VERDE

Enjoy Mexican cuisine, sample from one of Australia's largest selections of tequila and agave, and listen to some cool DJs play.

5 ROOFTOP BAR AND CINEMA

During the summer months, catch a movie on the rooftop with amazing views over Melbourne.





Richmond and Melbourne Park

Richmond is a hotspot for shopping, brunch, nightlife, sport, and street art. Bridge Road has traditionally been the best place to go shopping, but Swan Street has made a strong resurgence in recent years. The street is packed with great cafes, local boutiques selling a range of different products, cool burger joints, and classic Greek restaurants.

There are plenty of food and drink options available in the area, with the Corner Hotel a must-visit for music fans. As well as offering good food and a rooftop beer garden, the pub regularly hosts sellout live music gigs. Union House also has a classic Melbourne vibe. It's a great spot to relax, listen to some rock music, and watch the trams pass by. The venue can also cater to a more sophisticated evening as well, with cocktails and refined food on the rooftop terrace. If you want to try some local beer direct from the source, head to the Mountain Goat brewery on North Street. Sample the brewery's latest beers inside its converted red brick warehouse.

Melbourne Park is home to some of the city's most famous sporting venues. The Melbourne Cricket Ground, usually referred to as the 'MCG' or the 'G', hosts test match cricket every summer (including the famous Boxing Day Test) and a number of domestic and international one day and Twenty20 matches. Throughout the colder months, the stadium is the regular home of five Australian Rules

Football (AFL) teams. The AFL Grand Final is played here in September each year, with over 100,000 people filling the stadium for the event. The MCG also contains the National Sports Museum, covering all sports but with a particular focus on Olympic achievement.

There is more to the sporting precinct than just the MCG though. Melbourne Park also includes Rod Laver Arena, Margaret Court Arena, Melbourne Arena, and several show courts. The precinct is home to the Australian Open, the Asia Pacific region's premier tennis tournament, which attracts the world's best players to the courts each January. At other times, the arenas play host to major touring musical acts as well as NBL basketball matches. Next to the tennis facilities is the multipurpose rectangular stadium, AAMI Park. The stadium is home to A-League football (soccer) sides Melbourne Victory and Melbourne City, rugby league side Melbourne Storm, and rugby union side Melbourne Rebels.

Melbourne International Comedy Festival



Laugh at one of Melbourne's most famous cultural icons: the Melbourne International Comedy Festival (MICF). The annual festival runs for just over three weeks in March and April, and is one of the three largest comedy festivals in the world, just after Montreal's Just for Laughs Festival and the Edinburgh Fringe Festival.

Since MICF was launched in 1987, it has grown astronomically. MICF is now the biggest festival on Australia's comedy calendar, with audiences travelling from all over the country to attend. It is also Australia's largest ticketed cultural event, hosting up to 770,000 people each year. It may even seem that the whole city is talking about MICF: Melbourne is very proud of the festival, so you'll no doubt see a lot of advertisements in the lead-up.

True to its name, the festival hosts an array of comedic geniuses from around Australia and the globe who perform in various genres of comedy. But, there are also hundreds of other shows to choose from. Featuring stand-up comedy, cabaret, theatre, street performance, film, television, radio, and visual arts, there's something for everyone at MICF.

The Melbourne Town Hall is the hub for the majority of the events, but many shows are scattered around other venues in Melbourne. Tickets are pretty affordable, with most priced around \$30. There are also plenty of free performances to attend.

TICKETS

You can book ahead online, or take a chance and buy a ticket on the night. If you're unsure what to see, show up to the Melbourne Town Hall and ask one of the staff for a recommendation. The festival's program is launched in February each year, so keep an eye out!

Carlton & Fitzroy

Carlton and Fitzroy are two of Melbourne's most trendy, cosmopolitan suburbs. Take a walk down iconic Smith Street and Brunswick Street, and you'll notice the thriving cafe culture, arts community, and exciting nightlife.

HIGHLIGHTS

If you're after a decent meal, look no further than Brunswick Street in Fitzroy. Here, you'll find some of Melbourne's best eateries, bars and cafes, as well as bakeries and food stores. Plant-based restaurant Smith & Daughters is a must-visit for vegans and non-vegans alike, with an incredible selection of dishes that show just how good vegan food can be.

Naked For Satan, a lively institution with a great rooftop, serves tapas including prawn skewers, cheese croquettes, charcuterie boards, empanadas and many more. East Meets West is an excellent value for money option in the heart of Fitzroy that serves a diverse range of Asian cuisines. N Lee Bakery is a hole-in-the-wall bakery with some of Melbourne's best banh mi (Vietnamese baguettes). And you can't go past Lune Croissanterie, which lies just off Brunswick Street. The croissants here have been named the world's best.

Another local favourite is Gelato Messina on Smith Street, Fitzroy. The iconic Australian-owned gelato store is known for its rich, creative flavour combinations with a select few that change regularly. Highlights include tiramisu, dark chocolate sorbet, and Bounty.

Take a short Uber ride or tram down to Lygon Street in Carlton and you'll feel as though you're walking through the streets of Italy. The restaurants serve delicious, authentic Neapolitan pizzas, arancini, gelato... any Italian specialty you're after, you'll find it on Lygon Street.

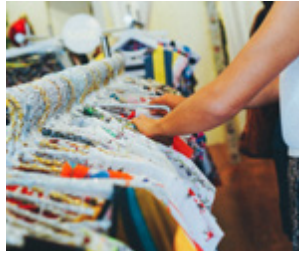
If you're keen to check out the shops, Brunswick Street, Fitzroy, has a range of vintage treasure troves waiting to be explored. Highlights include Larry Clothing, Hunter Gatherer, Vintage Sole, Monkey Jar, and Shappere. If you're a book-lover, you'll love the famous Readings bookstore on Lygon Street, Carlton. Founded in 1969, the store quickly became the hub of Victoria's literary scene before expanding to other premises including St Kilda, Hawthorn and even the State Library.

Start your weekend right with a day party at the iconic Fitzroy Beer Garden. Here, you can enjoy cheap cocktails, bar snacks, and a good boogie. Once you've had your dose of sunshine and a meal, make your way to The Rum Diary Bar. The nautical-themed bar is incredibly trendy and serves rum any way you like it: spiced, on the rocks, dark and stormy, or in a mojito.



CHEAP CHOICE

Fall in love with cycling through Carlton's lush green parks and use a bicycle as your main mode of transport. You'll save money and keep fit at the same time – win-win!



COMMUNITY FACILITIES

Get creative at Carlton Arts Centre by signing up to one of its pottery courses. Try using the wheel, or free-hand in a safe, supportive space alongside artists of varying experience levels.

If you're looking to brush up on your culinary skills, Enoteca Sileno often has great Italian cooking classes where you can learn how to make fresh pasta from scratch, construct a beautiful Bolognese sauce, work with seasonal vegetables and legumes, and more.

In Carlton, you'll find gym and swimming facilities at the Carlton Baths, along with a work and learning centre that can assist you

with employment options. Fitzroy Library is a great place to study, with free membership, free events, computer and Wi-Fi services, and audiobooks and ebooks available. For a different kind of community, check out the Melbourne Chess Club in Fitzroy – Australia's biggest chess club. A beginners night is held every Wednesday.

The Kathleen Syme Library and Community Centre, featuring the social enterprise cafe Wild Timor Coffee, is an impressive creative, learning and community space. The library includes over 40,000 books, magazines, and more, and regularly hosts English as a Second Language (ESL) conversation and reading groups.

UNIQUE EXPERIENCES

Remember when Harry Potter first visited Diagon Alley or Hogsmeade? There wasn't a child in the world who didn't dream of visiting these places one day. Well, now you can! Drink Butterbeers, stock up on Gryffindor diaries, and fill your wardrobe with cloaks and scarves at the Store of Requirement in Fitzroy.

Photography hobbyists will want to check out the Centre for Contemporary Photography in Fitzroy, an exhibition space for modern artists to showcase their work. The gallery is open Wednesday to Sunday until 5pm, and entry is free.

If you want to rally up some friends for an afternoon game of bowls, Fitzroy Victoria

Bowling & Sports Club offers barefoot bowling sessions starting at \$15 per person for two hours.

For just \$5, you can gain entry to the inspiring design and craft market, Finders Keepers. Experience the grand Royal Exhibition Building in Carlton as you're led on a tour of over 250 carefully curated art and design stalls.

Built in 1880, the World Heritage Site-listed Royal Exhibition Building was the first ever building to fly the Australian flag. It was also where Australia's first Federal Parliament was held in 1901, and today it's home to car shows and trade fairs. There are tours held most days at 2pm if you'd like to explore the building and learn more about Australia's political history.



Collingwood and Abbotsford

Collingwood and Abbotsford are home to many of Melbourne's best restaurants, bars, and art spaces. If you're looking for a cool night out, this is the place to be!

Abbotsford Convent is a popular venue for events, gigs, markets, and yoga classes. This picturesque old convent houses an array of different spots to enjoy food, music, and art and is a creative hub with a number of classes to attend. Check out the Abbotsford Convent website (www.abbotsfordconvent.com.au) for upcoming events.

Lentil As Anything, a Melbourne institution located in the Abbotsford Convent, serves vegetarian and vegan food through a pay-as-you-feel system. Depending on how much you decide to pay, it can be a cheap place to eat.

Smith Street is one of the most famous and thriving streets in Collingwood, with its warm community feel and a huge variety of shops that offer something for everyone. The street is filled with an array of small business, from coffee houses and quirky eateries to outlet and vintage stores, and is a great place to spend a whole day.

If you're after some of the best pizza in Melbourne, head to Lazerpig. The pizzas are absolutely incredible and can be made vegan or gluten-free on request. Plus, there are daily pizza and drink deals available. Located on Peel Street in Collingwood, Lazerpig is easily accessible by tram from Smith Street.

You won't have trouble looking for cheap eats along Smith Street. Some of the best include burgers from Huxtaburger, Vietnamese food from XEOM, or dumplings from Bowl Bowl Dumpling. Otherwise, Biggie Smalls is a fun and cheap place to grab a kebab along Smith Street. Inspired by the rapper Biggie Smalls, this place offers good food, affordable prices, and some pretty cool vibes.

Another major food highlight in the Collingwood area is Easey's. Located on Easey Street, it's a famous spot that serves burgers and beers five stories above the ground in a rooftop train carriage. The view of Melbourne here is spectacular and the burgers are just as good!

The Moon Dog Craft Brewery is an interesting place to grab a drink. There's a menu full of craft beers to enjoy while soaking up the fun atmosphere and rustic surroundings. You can even pay for a tour if you're curious about how your beer was made.

The Collingwood Town Hall, located in Abbotsford, is a beautiful and classic building. It hosts the occasional warehouse sale or event but is mostly a historic community building.



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North Melbourne & Parkville

From virtual gaming to indulging in one of the best hot chocolates in Melbourne, there are so many things to enjoy in North Melbourne and Parkville.

HIGHLIGHTS

Dating back to the 1840s, North Melbourne is a historic and beautiful precinct filled with Victorian architecture and a flourishing art scene. Situated just two kilometres from Melbourne's CBD, the area is buzzing with restaurants, cafes, and bars. North Melbourne is a very artsy and unique part of Melbourne. Dwellers can observe and participate in some of the most distinctive experiences here.

Errol Street is a great place for a stroll alone or with a friend. Here, you can discover vintage and unique fashions, retro collectibles, and spectacular homewares. In North Melbourne, you'll also find some of Melbourne's best breakfasts. Auction Rooms, located on Errol Street, is one of the most popular spots in the area. Originally an auction house, this modern industrial breakfast and coffee joint is sure to satisfy those breakfast cravings!

If you have a bit of a sweet tooth, head to Mörk Chocolate Brew House on Errol Street to indulge in one of the best hot chocolate experiences in Melbourne. The hot chocolate range here is extensive, but we recommend you try the famous Campfire Chocolate — a smoky hot chocolate that comes complete with a marshmallow on a stick.

Wander the aisles at the iconic Queen Victoria Market and you'll come across some of the best food in the city. Try the hot doughnuts from the famous American Doughnut Kitchen, or feast on fresh oysters

from the Seafood & Oyster Spot. The market is also a great place to stock up on fresh and cheap fruit and vegetables. The Queen Victoria Market is a major landmark in Melbourne and is the largest open-air market in the Southern Hemisphere.

If the weather is hot, The Third Day on Macaulay Road is a great spot to have a drink with friends and enjoy the sunshine. Situated inside a converted warehouse covered in street art and featuring an open-air rooftop bar, there is no place quite like it. Plus, there are food trucks galore, so you can grab a delicious snack to complement your beverage.

Thanks to Melbourne's love of food, there are endless eateries to choose from in North Melbourne and Parkville, including plenty of cheap eats. Good, affordable takeaway options include Ferguson Plarre Bakehouse and North End Deli.

Located inside Royal Park, you'll find Melbourne Zoo. The zoo is the oldest in Australia and is filled with over 300 species to see, including native Australian animals. You can even purchase up close and behind the scenes experiences with tigers, giraffes, and more. Melbourne Zoo is open from 9am until 5pm daily.

Collecting records is a hobby of many Melburnians, and one of the best places to search for them is in Parkville. Heartland Records sells new and secondhand vinyl and CDs, which make the perfect addition to any collection.



COMMUNITY FACILITIES

Check out the North Melbourne Community Centre, which offers free classes and seminars, hall hire, and a gym. There are games and movie nights, as well as fitness programs including yoga and boxing.

The North Melbourne Recreation Centre is another great place for activities and sport. Members can join a basketball team or attend swimming lessons, or just use the gym. The centre also includes an outdoor pool — great for cooling down in Melbourne's warmer months!

The North Melbourne Library is an ideal place to study or get lost in a good book. The library

houses collections in multiple languages and offers free Wi-Fi and extensive research facilities.

The Centre on Errol Street is a great place to upskill. Here, you can take a range of short courses including Photoshop workshops, first aid training, and a huge range of health and wellbeing programs.

The University of Melbourne runs a psychology clinic in North Melbourne that provides discounted mental health services, including counselling. This is a cheap way to access psychology services and also helps other students gain experience.

UNIQUE EXPERIENCES

If you're seeking entertainment, you'll find it in North Melbourne. Great spots include comedy at the The Comics Lounge, contemporary theatre and dance at Arts House, and cabaret and burlesque theatre at Club Voltaire.

If gaming is your thing, Zero Latency should be on your list of places to go. You'll feel as

though you're in real life with this virtual reality gaming experience, which places the gamer in an interactive simulated zombie apocalypse or space station.

The Ian Potter Museum of Art is the largest university-based art museum in Australia. Founded in 1972, it's the University of Melbourne's very own art museum, showcasing art from past and present.

CHEAP CHOICE

Royal Park is the perfect location for a run, allowing you to save money on an expensive gym membership. The park is a beautiful open space filled with native plants and a recently established wetlands area.

Ordering Coffee

Some people can go a bit wild with their coffee orders, but here are the basics of ordering a cup of coffee in Australia.



LATTE



FLAT WHITE



CAPPUCCINO



LONG BLACK



ESPRESSO



MOCHA



Coffee Shot



Warm Milk



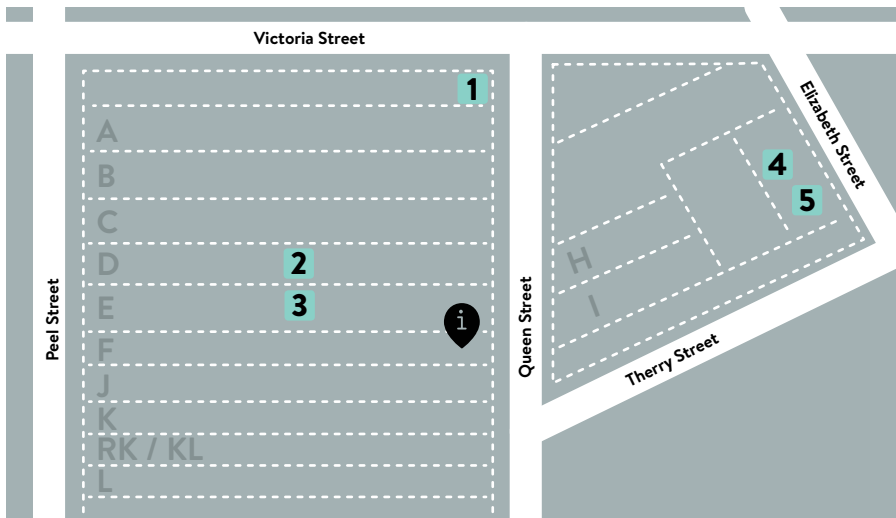
Water



*Chocolate
Powder or Syrup*



Milk Foam



Queen Victoria Market

Spend a day getting to know Melbourne's most famous market.

1 MARKET LANE COFFEE

Market Lane is a Melbourne coffee institution with a big focus on sustainably sourced coffee beans.

2 KOKO BLACK

In the mood for chocolate? Stop by Koko Black and enjoy some of their fine creations or enjoy a hot chocolate on a colder day.

3 THE AMERICAN DOUGHNUT KITCHEN

The doughnut van dates back to the 1950s and is still as popular as ever with both locals and tourists alike.

4 QUEEN VIC DELI

The must-visit spot for cheese-lovers. Sample a broad range from local and international producers.

5 PICKETT'S DELI AND ROTISSERIE

A modern take on a classic deli, Pickett's is the perfect place to stop for lunch while at the markets.



Brunswick & Northcote

Just north of Melbourne's CBD, you'll find the hip, relaxed northern suburbs of Brunswick and Northcote. These vibrant areas are home to trendy cafes, live music, diverse cultures, and plenty of hidden gems.

HIGHLIGHTS

With their proximity to the city and study institutions, but without the inner city prices, it is easy to see why Brunswick and Northcote are so popular with students. With a large selection of music venues, markets and outdoor spaces, there's certainly no shortage of things to do. That's not even mentioning the fantastic cafés, retro-styled shopping and community culture.

Nearby Merri Creek brings some green back into the area, making it feel less like the city and more suburban. The CERES Community Environment Park adds to its leafy surroundings and is a great resource for the locals. You can learn sustainability tips from one of the park's passionate volunteers, wander the grounds, and check out the gardens for free.

Sydney Road lies at the heart of Brunswick. Take a walk along this eclectic street and discover quirky vintage shops, local bars, and mouth-watering Middle Eastern food. Lygon Street runs parallel to Sydney Road and has more delicious restaurants, cool bars, and second-hand shops to check out.

Café culture is thriving in Brunswick, with sleek, contemporary coffee shops like Code Black and charmingly rustic cafes such as Green Refectory. For an authentic taste of Brunswick, head to Kines for bottomless filter coffee and some of the best toasted

sandwiches in the city.

When it comes to food, you'll see how culturally diverse Brunswick is, with great Asian, African, Middle Eastern, and Mexican options on offer. Turkish restaurant Alaysa is popular with locals and serves authentic Turkish dishes, with all breads made fresh at the in-house bakery. For Lebanese food, Tibas is a great option, offering hummus, kebabs, and a wide variety of meat and vegetarian dishes. A highlight in the area is the trendy Mexican bar Los Hermanos, located just off Sydney Road. At this charming little bar, you can feast on delicious tacos, nachos, and enchiladas late into the night.

In Northcote, High Street is the place to be, with yet more trendy cafes, intimate bars, yoga and Pilates studios, and vintage shops. If it's brunch you're looking for, Northcote has an overwhelming amount of great options to choose from. There are modern, minimalist cafes like Field Black, with an outdoor seating area and breakfast gnocchi, or All Are Welcome, where you can see into the in-house bakery as you drink your coffee.

You'll quickly find that Northcote is a great place to be if you're vegan or vegetarian, with almost all cafes catering for special dietary needs. Shuko Iko on High Street is a raw, vegan, organic eatery with a menu that changes every day depending on what the chef feels like making.



COMMUNITY FACILITIES

When the weather is nice, you can head to Princes Park or one of the other parks around the North for a picnic or game of football. If you need some time to relax, Ceres Community Environment Park is a city haven and a great place to wander. It has an organic shop, a café, community gardens, workshops, and classes.

Both Brunswick and Northcote have their own community health centres. Each offer general health and mental health services, from dental work to counselling. If you want to stretch your muscles, Brunswick has the Brunswick Baths where you can access

swimming and gym facilities. Northcote's answer is the Northcote YMCA. With both indoor and outdoor pools, as well as gym facilities and six tennis courts, it's a good spot for both the summer and winter months.

If it's reading and relaxing time you want, you can choose between the Brunswick and Northcote Libraries. Northcote Library allows members to borrow up to 40 items, including the latest e-books and audiobooks, and community art spaces are offered free of charge to artists. Brunswick Library offers a range of extra language and technology classes, and also has free Wi-Fi for members.

UNIQUE EXPERIENCES

There is a thriving rock climbing and bouldering culture in the northern suburbs, and it is a great way to meet new friends. Northside Boulders has walls in both Northcote and Brunswick, while North Walls in Brunswick has you covered if you prefer climbing with ropes. North Walls also does regular deal nights, so check the venue's schedule for upcoming dates. If you're not sure about bouldering and want to test it out first, there's a free public wall right next to Barkley Square in the heart of Brunswick.

On Westgarth Street you'll find the Palace Cinema, showing both domestic and international films. Still holding to its old

world charm, it also boasts a licensed bar. With cheap tickets all day on Tuesdays, plus discount tickets available to members, it's possible to watch the biggest blockbusters cheaply.

For traditional Italian pizza from one of the best pizza-makers outside of Naples, 400 Gradi on Lygon Street is a must-try during your time in Melbourne. Any beer fan would be happy with the extensive selection at The Alehouse Project, but it's also a perfect spot for a burgers and fried chicken. Alternatively, Temple Brewing Company has a versatile menu to enjoy in the beer garden complemented by a range of beers brewed on-site.

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Live Music in Brunswick

A hub of live music in Melbourne, on any night of the week you will find an exciting gig in Brunswick.

1 THE BRUNSWICK HOTEL

After flooding closed the venue in 2018, the iconic hotel has returned to host a number of gigs.

2 HOWLER

Cinema and theatre are showcased in this versatile space, but the regular live music is definitely the drawcard.

3 RETREAT HOTEL

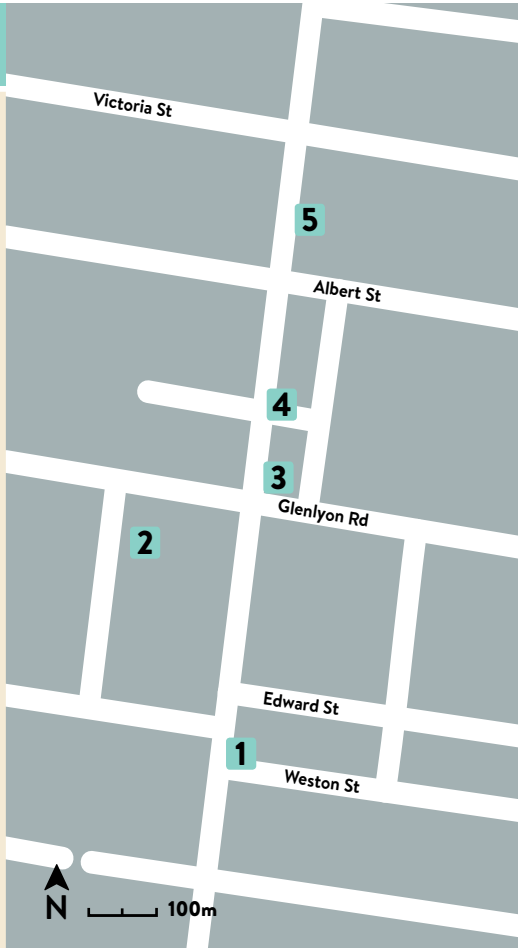
The food, and beer garden with artificial grass, are good, but the live music is the real reason to visit.

4 SPOTTED MALLARD

This classy venue serves great food, craft beer and cocktails to enjoy while watching the live music.

5 THE PENNY BLACK

This renovated hotel has gigs Wednesday to Saturday covering open mic, funk and hip hop.



Southbank & South Melbourne

Southbank, as the name suggests, sits on the south bank of the Yarra River and is home to numerous restaurants, hotels, and entertainment options. The area extends to South Melbourne, which also offers a number of fun cultural experiences and great eateries.

HIGHLIGHTS

Melbourne is beautiful by day, but it really comes alive at night when it's lit up and sparkling above the Yarra River. To get the best views, head to Southbank and watch the lights reflect off the water. If you go back over the bridge towards Flinders Street, you'll be able to watch the Arts Centre spire change colours, with the lights of the sports district glimmering in the background.

The National Gallery of Victoria, simply known as the 'NGV', is home to a vast range of Australian and international artworks, as well as major international touring exhibitions. The adjacent Sidney Myer Music Bowl plays host to major outdoor concert events, including the iconic Christmas concert, *Carols by Candlelight*, which showcases some of Australia's biggest performing artists. The Malthouse Theatre is another part of the Melbourne Arts Precinct that hosts some fascinating contemporary theatre throughout the year, as well as various education programs. The theatre is situated within an old brewery that was donated to Melbourne's arts community by a prominent beer company.

If you'd prefer to actually taste some beers, head over Hopscoth, where you'll find 36 different beers on tap. Not into beer? The bar and microbrewery also serves up a range of creative alcoholic and non-alcoholic drinks. You'll find plenty of dining options along Southbank, but it can sometimes be hard to find a bargain. For cheap eats, you should head to South Melbourne Market. Established in 1876, the market is a lively place to find something to eat and to stock up on groceries for the week. Mama Tran Dumpling has been making dumplings on-site for over 35 years and is a must-visit at the market. Alternatively, check out Simply Spanish and try some paella from their massive pans. The stall was the winner of best paella outside of Spain in 2016.

For some of the best coffee in the area, head to St Ali in South Melbourne. Coffee is taken incredibly seriously here, even by Melbourne's high standards, and the tasty breakfast and lunch options range from healthy fruit salads through to pancakes and burgers. St Ali is equally famous for the quality of its own coffee roasts, so make sure to grab some beans, instant coffee or pods to take away with you.

CHEAP CHOICE

The Market Hotel is an upmarket but relaxed venue with \$15 meals (with a free beer or soft drink) from 12pm-3pm every day and \$10 burgers on Thursday nights.



COMMUNITY FACILITIES

The Boyd Community Hub in Southbank is a former girls' school that has been turned into a vibrant community centre. The centre includes the Southbank Library, bookable meeting spaces, and creative spaces. You can also participate in English as a Second Language (ESL) conversation classes to practise conversational English in a relaxed environment.

The Shrine of Remembrance operates a number of services, programs, and events throughout the year to educate the community on the sacrifices made in conflicts. Prominent historians regularly give talks at the Shrine, with many targeted at tertiary students. After enjoying a talk or the quiet solitude of the internal Sanctuary, head

up to the balcony for a spectacular view of the city.

Albert Park includes a golf course, an extensive walking trail, and several sporting grounds and boating facilities. Melbourne Sports and Aquatic Centre has several indoor sporting areas including basketball, badminton, and volleyball courts, as well as world-class swimming facilities. Lakeside Stadium has running tracks and athletic facilities, plus a full-size football (soccer) pitch.

Next to South Melbourne Market is the iconic South Melbourne Town Hall, now home to Multicultural Arts Victoria (MAV) and the Australian National Academy of Music. In addition to artist programs, MAV runs events that celebrate culturally and linguistically diverse art.

UNIQUE EXPERIENCES

To learn about Australia's Indigenous population, Aboriginal Tours and Education Melbourne has a variety of cultural tours on offer, including the Aboriginal Yarra River tour 'Walkin Country, Walkin Birrarung'.

Eureka Skydeck is the highest public observation deck in the Southern Hemisphere and provides a memorable view over Melbourne and beyond. The view is as spectacular during the day as it is at night. For something even more memorable, check out 'The Edge', a glass cube with glass walls, ceiling, and floor that juts out from the

building and suspends you over 300 metres above Melbourne!

Another unique view of Melbourne can be enjoyed in a more relaxed manner at Ponyfish Island. The 'island bar', located in the middle of the Yarra off Southbank, is a chilled spot to have a drink and observe the hustle and bustle on both sides of the river.

One of the most iconic parts of the Albert Park sporting complex is the surrounding roads. On occasion, the streets are shut down to form a street racing circuit, with the highlight being the Australian F1 Grand Prix in March every year.



St Kilda

St Kilda might be Melbourne's closest thing to a beach town and is packed with plenty of things to see and do.

The bustling Carlisle and Acland Streets are full of great restaurants, bars, cafes and cute boutiques selling everything from gifts to clothing. Make sure to stop by local favorite Galleon Cafe on Carlisle Street to try the delicious scrambled tofu. For something a bit different, order a cheese plate from Milk the Cow on Fitzroy Street. Plates are available either by themselves or matched to wine, beer, cider, whiskey, or sake. If you prefer a more decadent cheese hit, a range of fondue pots is also on offer. If it's a nice day, grab one of Milk the Cow's takeaway packs and enjoy a picnic down by the beach. Alternatively, the West Beach Bathers Pavilion is an ideal spot to spend a summer's day. Order some pizza and a cold drink and enjoy the seaside view.

The Palais Theatre is one of Melbourne's top concert venues, regularly hosting local and international acts. Opened in the 1920s as a cinema, the Palais was recently refurbished to restore its art deco heritage. It's worth getting a ticket if only to check out the venue's beautiful interior.

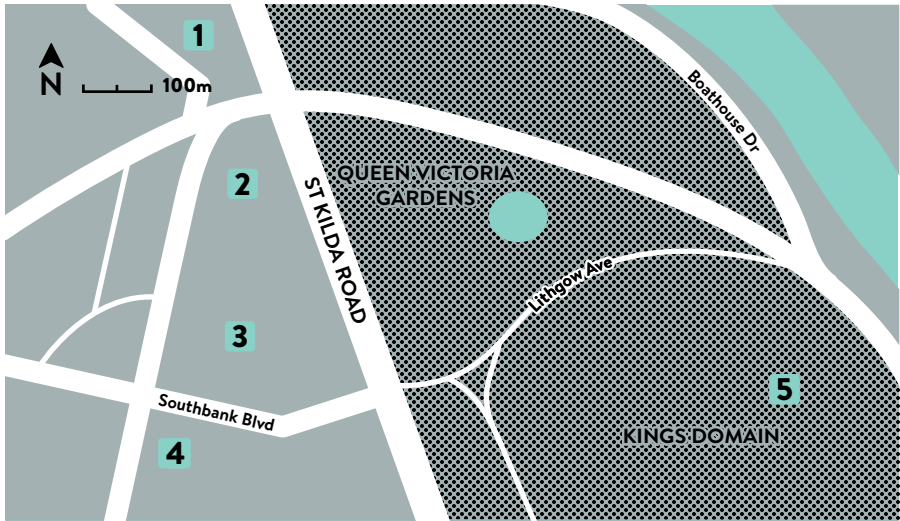
Luna Park, the famous theme park located near the water with the giant, smiling mouth, is also worth adding to the itinerary. Home to the oldest continuously running roller coaster

in the world, the park is also packed with more modern entertainment such as bumper cars and a games arcade.

The St Kilda Festival is held every February on the foreshore and features local musicians, shows and plenty of market stalls. The St Kilda Film Festival usually runs during May, showcasing the best Australian short films. The St Kilda Esplanade Market is held on the foreshore every Sunday from 10am and is full of stalls selling artwork and handicrafts.

At St Kilda Beach, you can hire kiteboarding and stand up paddleboarding equipment at Kite Republic or simply laze in the sun and paddle in the shallow water. If you don't want to get sandy, walk along the boardwalk and watch the sunset. While you're there, pick up some fish and chips to eat on the beach.

The St Kilda Botanical Gardens is a beautiful place to spend the day, surrounded by colourful flowers and greenery. When the sun sets, go for a walk along St Kilda Pier. If you go right to the end, you might just see some local little penguins coming home for the night. But please remember to treat them with respect - stay well away and no flash photography.



Art & Culture

This collection of venues showcases world-class performances and exhibitions from artists, musicians and entertainers.

1 HAMER HALL

This 2,500 capacity venue hosts music across a range of genres as well as famous stand-up comedians.

2 ARTS CENTRE MELBOURNE

Home to a diverse catalogue of events, interesting spaces, dining options and the Australian Music Vault containing fascinating musical artefacts.

3 NATIONAL GALLERY OF VICTORIA

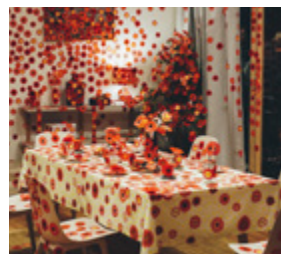
Generally referred to as simply the 'NGV', this is Victoria's premier art gallery and one of the best in the country.

4 MELBOURNE RECITAL CENTRE

Primarily for ensemble music, this stunning building hosts countless performances throughout the year.

5 SIDNEY MYER MUSIC BOWL

This spectacular outdoor performance space allows you to watch outstanding musical performances and the annual Christmas Carols by Candlelight concert, with a stunning backdrop of the city skyline.



History of Melbourne



John Batman signed a 'treaty' with local Wurundjeri elders on 6 June 1835 to purchase 2000 km of land around Melbourne and 400 km of land around Geelong. The price for the land was blankets, knives, scissors, flour and shirts. The treaty was never valid under British law, Batman had no right to buy it and the Wurundjeri had no chiefs or concept of land ownership. Instead, it was decided that the entirety of Australia was owned by the British Crown.



On 30 August 1835 the first group of European settlers, by way of Tasmania (then known as Van Diemen's Land), arrived on the north bank of the Yarra River. They arrived on the ship Enterprize and the area they landed is now known as Enterprize Park. 30 August is now known as Melbourne Day to commemorate the date.

The first wave of migration to Melbourne were those of Anglo-Celtic heritage who began to arrive in the 1830s. These migrants displaced the people of the Kulin Nation and started to clear land for the establishment of Melbourne as a city.

The 1850s gold rush brought people from around the world to Melbourne, and is the first wave of significant migration from China. Around the streets and alleys off Little Bourke Street, you can witness the impact of this migration. Some of the shops and restaurants are located in the same spots as similar establishments dating back to this time.

The end of World War Two saw the arrival of displaced people from Italy. The Italian destination of choice was Carlton, and at one point the suburb had about 30% of its residents coming from Italy. To this day Lygon Street has retained its Italian identity and is full of Italian cafes, shops and restaurants. The first espresso machine in Melbourne was on this street, sparking Melbourne's now famous coffee culture.



The first gold was discovered in New South Wales but the discovery of gold in Victoria was more significant. In fact, over 90% of the gold discovered in Australia was in Victoria, primarily in Bendigo and Ballarat, the gold attracted migrants from around the world looking to try their luck in the goldfields. This migration and increased industry dramatically changed the face of the state.



The increased wealth from the gold turned Melbourne into a thriving world city. The population grew dramatically (beyond that of most European capitals) and led to the construction of significant civil and exhibition buildings around the city. The International Exhibition of 1880 cemented Melbourne's reputation as an important city on the world stage.



At the time of the Federation of Australia in 1901, Melbourne was still Australia's largest city. While the decision was made to create the capital city of Canberra as a compromise between Melbourne and Sydney, Melbourne acted as the Australian capital until 1927. Despite the change, many significant civil and administration services have remained in Melbourne to this day.

Melbourne is said to have the largest Greek-speaking population outside of Europe, higher than most Greek cities. Significant Greek migration occurred from the 1940s to the early 1980s. The Greek impact on Melbourne can be witnessed across the city, but particularly in the area of Lonsdale Street between Swanston Street and Russell Street.

To learn more about the multicultural history of Melbourne, visit the Immigration Museum on Flinders Street. The building used to be Customs House, where immigrants were processed upon arrival in Australia. The museum now documents Australia's immigration policies over time and the stories of different migrant groups.

Indigenous Culture



KULIN NATION

The Traditional Owners of the land on which Melbourne sits on are the Kulin Nation. The Kulin Nation is formed by five different local Indigenous language groups: Boon Wurrung (Bun-er-rong), Dja Dja Wurrung (Jar-Jar wur-rung), Taungurong (Tung-ger-rong), Wathaurung (Wath-er-rong) and Woiwurrung (Woy-wur-rung). Each of these groups was made up of six or more clans that would regularly meet. Melbourne remains an important meeting and gathering place for all Aboriginal and Torres Strait Islander People.

LOCAL PLACE NAMES

Bundoora - Place where kangaroos live.

Dandenong - From 'Tanjenong' - The creek that run through the ranges to the Yarra.

Narre Warren - Hilly country

Tullamarine - Named after Wurundjeri elder Tullamareena, who lived in the area and was present when John Batman first arrived.





EVENTS

NAIDOC Week is a celebration of Aboriginal talent and culture, held every year in the first week of July. Each year, a different Australian city is chosen to host the welcoming ceremony and a new theme is picked. Awards are given to celebrate the achievements of Aboriginal people, such as the Person of the Year Award and the Caring for Country Award.

National Reconciliation Week is a time for Australians to learn about Aboriginal culture and history as a part of reconciliation. It lasts

from 27 May, the anniversary of the 1967 referendum which included Aboriginal people in the census, to 3 June, the anniversary of the High Court Mabo decision that recognised the native title of Australia.

National Sorry Day, held on 26 May, is a day for Australians to acknowledge and raise awareness of the struggles of Aboriginal people, especially the impact of the Stolen Generation. The day was initiated in response to the absence of an apology by the Australian Government. Since their official apology in 2008, it has become a day of recognition and remembrance.



INDIGENOUS ART

To learn more about the Indigenous history and heritage of Melbourne, visit the Koori Heritage Trust in Federation Square. This celebration of art and culture includes paintings, sculptures, textiles and a photographic archive. Also in Federation Square you will find the Ian Potter Centre:NGV Australia. This public art museum is dedicated to Australian art, with a strong focus on local Indigenous historical and contemporary artworks.

A Year in Melbourne

JAN

AUSTRALIAN OPEN

15 - 28 Jan

The first tennis Grand Slam of the season, the Australian Open attracts the best male and female players to Melbourne.

ausopen.com

FEB

CHINESE NEW YEAR - CHINATOWN

10 Feb

Different celebrations occur across the city, but the Chinatown event will feature Chinese lion dancing, traditional music, dancers and martial artists.

chinesenewyear.com.au

MAR

MOOMBA FESTIVAL

8 - 11 Mar

Australia's largest free community festival, Moomba Festival celebrates everything that is a bit weird and unique about Melbourne.

moomba.melbourne.vic.gov.au

APR

MELBOURNE INTERNATIONAL COMEDY FESTIVAL

27 Mar - 21 Apr

Comedians from around the world descend on venues around Melbourne for three and a half weeks of fun.

comedyfestival.com.au

MAY

MELBOURNE KNOWLEDGE WEEK

20 - 26 May

Learn about issues facing Melbourne and the world through a range of lectures, performances and events.

mkw.melbourne.vic.gov.au

JUN

MELBOURNE INTERNATIONAL JAZZ FESTIVAL

1 - 10 Jun

Event spaces, music halls, jazz clubs and the streets of Melbourne showcase some of the best jazz talent in the world.

melbournejazz.com

JUL

OPEN HOUSE MELBOURNE

Jul

Take this opportunity to explore usually closed off buildings and learn about their history and architectural secrets.

openhousemelbourne.org

MORE EVENTS

Check Study Melbourne's event calendar for events just for you.

www.studymelbourne.vic.gov.au/events



MELBOURNE INTERNATIONAL ANIMATION FESTIVAL

13 - 21 Jul

A competitive field of global entries will be showcased at the festival, covering various techniques, genres and styles.

miaf.net

AUG

MELBOURNE DAY

30 Aug

Celebrate Melbourne's birthday and get involved in fun celebrations taking place across the city.

melbourneday.com.au

MELBOURNE WRITERS FESTIVAL

30 Aug - 8 Sep

A celebration of all things literature, the festival brings writers and performers from around the world to Melbourne.

mwf.com.au

SEP

ROYAL MELBOURNE SHOW

21 Sep - 1 Oct

Top class entertainment, amazing food and a huge array of animals make the Royal Show worth attending.

royalshow.com.au

OCT

MELBOURNE FESTIVAL

Theatre, dance, music, visual arts and much more bring people to celebrate Melbourne's culture of creativity.

festival.melbourne

MELBOURNE MARATHON

13 Oct

If you aren't up for a full marathon, there are half-marathon, 10km, 5km and 3km options available. The races finish in the famous Melbourne Cricket Ground (MCG).

melbournemarathon.com.au

NOV

MELBOURNE MUSIC WEEK

Nov

This nine-day festival of music takes over 40 diverse locations to bring you exciting acts from around the world.

mmw.melbourne.vic.gov.au

MELBOURNE CUP CARNIVAL

5 Nov

The 'horse' race that stops the nation' takes place at Flemington Racecourse, with all of Victoria getting a public holiday to watch it.

melbournecup.com

DEC

NEW YEAR'S EVE

31 Dec

With live music and midnight fireworks, Melbourne is a memorable place to bring in the new year.

nye.melbourne.vic.gov.au

Weekly Events

MON

Get your week off to a great start with Monday Mass at Northcote Social Club. The famous live music venue has three bands on every Monday night, with \$15 chicken or eggplant parmas and \$15 jugs of beer.

TUE

Tuesday night is the night for comedy at Catfish in Fitzroy. The bar is famous for its craft beer and Philly cheesesteaks but the comedy is a welcome addition! The show starts at 8pm and tickets are \$12.

WED

Keen for something a bit musically different? Head to the Last Jar next to Queen Victoria Market for some traditional Irish-style music. The popular live music night coincides with weekly food specials and cheap pints of Guinness.

THU

Want to test your general knowledge? The Cornish Arms in Brunswick has a trivia night every Thursday night. The quiz starts at 7pm, with meals served from 5:30pm, and the winners get a \$50 voucher to spend at the pub. You need to book as it is really popular.

FRI

Over the warmer months (November to April) you can head to the National Gallery of Victoria (NGV) for NGV Friday Nights. These events combine art, bars, dining options and famous DJs and musicians.

SAT

If you don't want a wild night out, consider visiting Readings in Carlton. The iconic book shop (regularly voted one of the world's best) is open until 11pm. Take the opportunity to dive deep into their vast selection of books, vinyl records, and gifts.

SUN

Visit the Sunday market at Arts Centre Melbourne. Running from 10am until 4pm, the event attracts 80 local artisans selling a range of different goods. You'll find everything from delicious baked treats through to handmade leather products. There's live music from 12pm until 3pm.

Live Music

Melbourne has a world famous music scene. Gigs occur every night of the week and some of Australia's best bands started in pubs around the city.



BIRD'S BASEMENT

Tucked away in the appropriately named Singers Lane in the Melbourne CBD, you'll find this thriving jazz bar. Bird's Basement has showcased plenty of international acts, but has also been a platform for local bands to perform each night since the bar's opening in 2016. Known as the sister venue to Charlie Parker's famous Birdland in New York, the bar follows a similar concept of providing dinner and a show, making it a great date venue.

NORTHCOTE SOCIAL CLUB

Check out Northcote Social Club any night of the week and hear some live music from talented local musicians. Enjoy a coffee or cocktail in an intimate setting and get to know the regulars in this homely, local bar.

HOWLER

This Brunswick gem is a trendy spot to catch alternative indie bands, singer-songwriters, live poetry and spoken word readings, and more. You can also enjoy \$8 espresso martinis during happy hour on Fridays, as well as the occasional Yoga & Negronis event.

THE TOTE HOTEL

For a traditional Melbourne night out, The Tote Hotel is the place to go if you want to experience a unique cultural institution. Now known as 'The Home of Rock', The Tote was formerly named 'The Ivanhoe Hotel' back in 1876. Catch a range of punk, rock, grunge and heavy metal bands at this famous venue.

GIG GUIDES

For all the latest gigs in Melbourne, head to the Beat Magazine website (www.beat.com.au). From burlesque to punk rock, this guide lists all kinds of shows in multiple locations across Melbourne. For international touring artists, you can also check the websites of larger promoters such as Live Nation (www.livenation.com.au) or Secret Sounds (www.secretsounds.com).

Making Local Friends

As an international student, it's comparatively easy to make friends with other international students: you're all in the same situation, nobody knows anyone, and you're all looking to meet new people. While this international student bubble is great—and comforting—you won't get to experience the other side of life in Australia.

WHILE STUDYING

You and your classmates are all there for the same reason, and you see each other every day, so this is the most likely place to make some local friends. Whether it's chatting to someone while waiting in line for your lecture, or discussing the homework after class, or even sitting in the library working on a group assignment, your class is the best, and easiest, way to make local friends.

CLUBS

Student networks, like student clubs, are just as good as class, if not better. You'll find people with similar interests, in a similar situation, but with the benefit of not being inside the international student bubble. Check with your Student Services, or Union/Guild, as to what clubs are on offer, and how to get in contact with them.

A local sports team allows you to meet and bond with a group of people regularly, and the shared love of playing the game, whatever it might be, makes things a lot easier. If you're keen on cricket, you're curious about Aussie Rules, or you're thinking about giving badminton a try, you'll always be able to find sports teams in your local area that are looking for new members.

LOCAL EVENTS

It might be a small gig at the local pub, a fundraising barbecue for the local rugby team, or the night-time markets on a Friday, but getting out there and attending local events ensures you'll be rubbing shoulders with the locals. You can usually find this information on social media. These types of events are great ways to start a conversation with someone, and the more often you attend similar events, the more often you'll see the same faces—and they'll see you.

Find the bars the local students go to, or find out where the best cafes are—to make local friends, you've got to hang out at local places. Get advice from your classmates, tutors, and even from the places you already go, and find where the local people hang out. It'll be uncomfortable at first, sure, but if you step outside your comfort zone, go somewhere new, and strike up a conversation, you never know what might happen. Check Study Melbourne's event calendar for events just for you.

www.studymelbourne.vic.gov.au/events

Cinema

Melbourne's unpredictable weather can provide great opportunities to check out some cinema during a study break. As well as the blockbusters you can help relieve homesickness by attending a film from your homeland. Plus, you may just find some new friends to discuss movies with when you're not deep in study mode. Grab your popcorn and discover a selection of what's on offer in Melbourne.



STUDENT DISCOUNTS

The cheapest cinema tickets are available on Mondays at Cinema Nova in Carlton (\$8 student tickets) and Tuesdays at Classic Cinemas in Elsternwick (\$8 before 4pm, \$10 after 4pm).

OUTDOOR CINEMA

Student tickets are also available for the outdoor cinemas that run in Melbourne during summer. These unique cinema experiences take place in beautiful outdoor spots - Central Lawn at Melbourne Gardens, Royal Botanic Gardens (Moonlight Cinema) and South Beach Reserve in St Kilda (American Express Openair Cinemas). Bring a picnic rug and some snacks to enjoy on the lawns as you watch the latest blockbusters and cult classics on the big screen.

MELBOURNE INTERNATIONAL FILM FESTIVAL

Held over three weeks in August, the festival has been running since 1952 - making it one of the longest running film festivals in the world. The festival showcases the best of film from Australia and around the world, including documentaries, short films, animation, foreign films and virtual reality. There is also a range of special events and galas to keep an eye out for.

OTHER FILM FESTIVALS

The Palace Cinema chain continues to expand its selection of cultural film festivals, including the Spanish Film Festival, German Film Festival, Volvo Scandinavian Film Festival, Lavazza Italian Film Festival and the British Film Festival. The Australian Centre for Moving Image (ACMI) in Federation Square also runs a full suite of festivals and events throughout the year.



Outdoor Activities

There's more to Melbourne than vintage shops, coffee and eating out (as much as we love those things!). Melbourne is also home to a wide variety of outdoor activities, which are a great way to experience Australia's beautiful landscape.

SURFING

Australia wouldn't be Australia without surfing, and Victoria offers world-class surf breaks in pristine locations. With an endless coast either side of Melbourne, there are plenty of options for both beginners and pros. The first place you should go if you're looking for waves is Torquay. The town is a surfing hub and home to the world-renowned Bells Beach, the location of one of surfing's most prestigious competitions. Torquay Surfing Academy and Go Ride A Wave provide group and private lessons, making them good options if you've never surfed before. They also let you rent boards if you don't have your own. On the other side of Melbourne, slightly down the south coast, is the Mornington Peninsula, which offers more great surf spots and surf schools. Point Leo is an ideal place to improve your skills with slightly calmer waves.

KAYAKING

For something a bit more relaxing, kayaking is the perfect way to explore Melbourne's coast and riverways. On Phillip Island, you'll find plenty of kayak tours, which are suitable for beginner and experienced kayakers. You can paddle around dreamy beaches, through sea caves, and around granite cliffs, and unwind with the soothing sounds of the ocean. Penguins, seals, seabirds and even dolphins are all known to live in these waters. Operators such as Sea Kayak Australia and Pioneer Kayaking regularly take group trips from Phillip Island. There are also some good options to get out on the water in the city. Paddle up the Yarra River on one of Kayak Melbourne's twilight tours, which take place just five minutes from the city centre. You can also do day and half-day trips around St Kilda and Sandringham beaches through East Coast Kayaking.



ROCK CLIMBING

From bouldering to traditional indoor and outdoor rock climbing, Melbourne has plenty of options for beginner and advanced climbers. Most climbing gyms have a range of walls of varying difficulties, and the helpful staff will ensure that beginners feel confident using the equipment and climbing the walls. All equipment is provided, though you can bring your own if you have it. There are also auto-belay systems that let you climb on your own, without a partner.

Hardrock Climbing in the CBD is in a convenient location and is hard to miss, with massive floor to ceiling windows that offer a look onto the street below. UpUnlimited in Moorabbin features an 85-metre caving experience complete with a ball pit. For bouldering (short walls with no ropes), the best options are Northside Boulders and The Lactic Factory. Both are great places to meet fellow climbers and chill out with a coffee after your climb. If you'd like to try climbing outdoors, Melbourne Climbing School offers a variety of courses for beginner and advanced climbers to learn new skills and improve their climbing technique.

MOUNTAIN BIKING

There's no better way to explore Australia's forests and mountains than by bike, and Victoria is full of incredible mountain bike trails. A top pick among Melbourne's bike trails is the You Yangs Mountain Bike Park, a custom-designed park with tracks for every level. The park offers dirt tracks, tree dodging, jumps, and everything in between.

Slightly closer and reachable by train is Wombat Loop Mountain Bike Trail near Mount Macedon, which has an incredible mountain bike loop running through it. If you're new to mountain biking and don't have your own gear, you can rent bikes from many places in the city and near the trails. You Yangs MTB Hire offers rentals and bike deliveries, and MTB Adventures does guided tours in addition to bike rentals.



Fed Square

Widely regarded as the hub of Melbourne City, Federation Square is filled with events and interesting things to see and do. 'Fed Square', as it's known to locals, is a large public square located opposite Flinders Street station. It's easily accessible and falls within the city's free tram zone.





There are loads of free activities and workshops to attend, as well as pop-up exhibitions, cultural events, and more. Want to watch the AFL Grand Final or the Australian Open but don't have a ticket? Head to Fed Square and watch them with the crowds on the big screens. There are even guided walking tours if you want to learn more about the area.

Fed Square is home to ACMI (the Australian Centre for the Moving Image), where you'll find plenty of interesting content dedicated to screens across all mediums, from gaming to film. ACMI is a modern and stimulating museum that hosts a range of exhibitions, film festivals, workshops, and discussions from industry experts. Major exhibitions usually last a few months, but there are regular fixtures and activities throughout the year. On most days, you can watch a contemporary film and grab a drink at the bar. ACMI is open from 10am to 5pm daily. Check what's on before you go, as it will vary day by day.

The Koorie Heritage Trust, located in the Yarra Building, celebrates Australia's rich Aboriginal culture. The Trust holds multiple classes, from art to weaving, allowing you to learn and connect with Australia's Aboriginal heritage.

The National Gallery of Victoria (NGV) displays its Australian artwork collection at the Ian Potter Centre in Fed Square. There are almost 25,000 artworks to see, including paintings, sculpture, prints, photography, fashion, and textiles.

Jump on a cruise down the Yarra River or hop on a bike to see Melbourne at your own pace. You can hire a bike from Rentabike in Fed Square, which costs \$40 for a whole day.

There are often food trucks or pop-up food vendors at Fed Square. You'll find Mr Burger at the square pretty often, offering a satisfying and cheap lunch. Afterwards, if you're seeking a beverage to quench your thirst, there are several bars in the area: Pilgrim Bar, Transit Roof Bar, and Beer DeLuxe are just a few worth checking out.

Public Barbecues

When the sun is shining, cooking a barbecue seems like a fun idea, but unfortunately not all students have space for their own. Luckily for you there are several free public barbecues around the city's parks.

These barbecues are usually electric and can be started by pressing the push button underneath the grill. The barbecues turn off automatically (usually after about 15 minutes) so you may have to press it again if you are cooking for a while.

You can buy reusable plate liners/grill mats (available in supermarkets) to place onto the barbecue to reduce the required cleaning. The barbecues are cleaned every morning but unless you are there for breakfast you may need to quickly clean the grill before use.

WHERE ARE THEY?

FLAGSTAFF GARDENS, CITY CENTRE

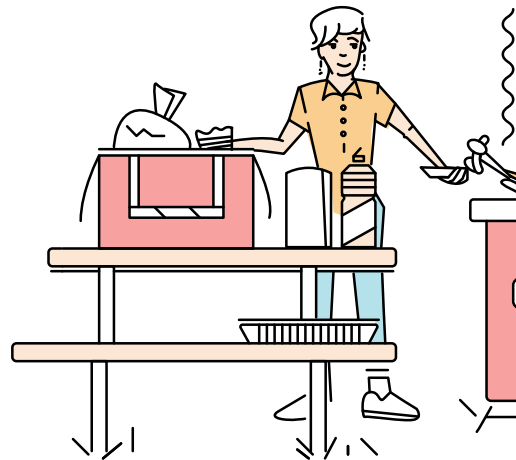
BATMAN PARK, CITY CENTRE

BIRRARUNG MARR, CITY CENTRE

CATANI GARDENS, ST KILDA

To find other locations use:

www.meatinapark.com.au



WHAT TO BRING

- An esky (icebox) is the easiest way to keep your food and drinks cold and also transport them to the barbecue site.
- Oil to spray onto the hotplate.
- Tongs are essential for turning your food and then serving it up. A spatula is good for burgers and is ideal for cleaning the barbecue.
- If you have salad or steaks then you will need cutlery and plates. While paper and plastic plates (single use) are common, it is certainly more environmentally friendly to wash regular dishes after using.
- Paper towels
- Salad, bread and sauces.



WHAT TO COOK

Common meat options include sausages, steaks, burgers, chicken wings and skewers. For vegetarians, you can choose to fry up vegie versions of the above, or you can fry up eggplant, tomatoes, tofu, mushrooms and more.

ETIQUETTE

- Clean the barbecue when you're finished and clean up your picnic. You should leave it as you found it, if not in better condition.
- Try not to congregate around the barbecue. Use it for cooking but eat and socialise at a nearby table or picnic spot so others can use the hot plate.
- Make sure you pack up and dispose of all rubbish and recycle empty bottles.

CLEANING

- Barbecue wipes can be purchased but water/oil with paper towel works well.
- Alternatively (if you are happy to waste some) pour some beer on a slightly warm grill then wipe with a cloth, paper towel or newspaper.

TIPS

- When cooking onion, pour some beer on them to help them caramelise. Delicious!
- Use alfoil to cook delicate items like fish and some vegetables.
- Always make sure the cook has a drink in their hand. It gets hot over the grill!

Getaways

SHORT TRIPS

Looking to get away for the day to see more of Victoria? Check out these options within easy reach of Melbourne.

PG. 113

WILDLIFE

Looking to meet some locals? Get up close with some Australian wildlife and grab those essential Instagram shots.

PG. 116

LONG TRIPS

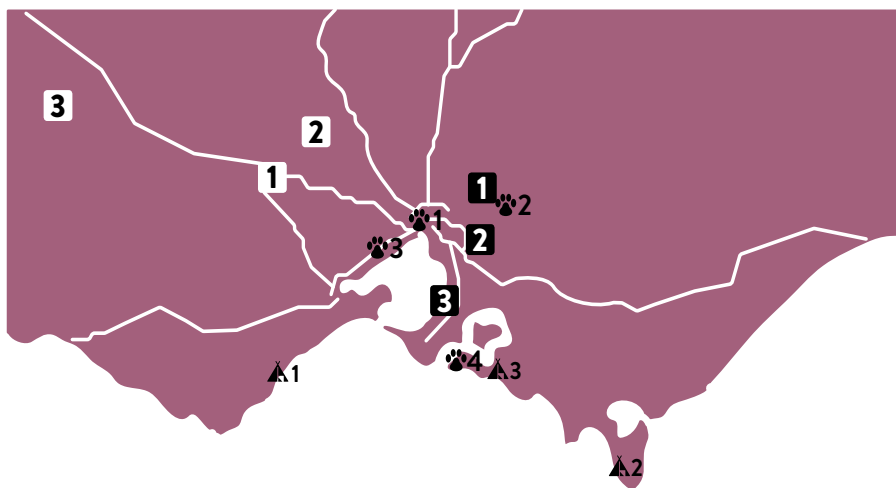
Need a few days study break to relax a bit? Grab some friends and head away for a night or three.

PG. 114

CAMPING

Love the great outdoors? Grab your tent, book a spot for the weekend and get out there.

PG. 117



HOSTELS

Hostels are a great way to travel and explore Australia; they're affordable accommodation (share or private rooms), you can cook your own meals and most importantly, make new friends from all over the world, including some locals. YHA has over 75 hostels across Australia in all major towns and cities.

www.yha.com.au

Short Trips

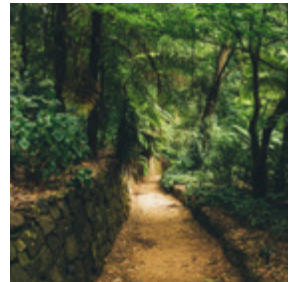
1 YARRA VALLEY

The Yarra Valley is Victoria's top wine-making region. The very first vineyard was planted here in 1838, and today the Yarra Valley is known as one of Australia's best cool climate wine districts. The region is famous for producing chardonnay, sparkling and pinot noir, but you'll also find excellent sauvignon blanc, pinot gris and shiraz grown in its many wineries. A great way to see the area is to do a day of wine tasting, with several shuttle bus options available. Even if you're not interested in wine, a trip to the beautiful Yarra Valley is still worthwhile, if only to see this lovely part of the state.



2 FERNTREE GULLY

To get to Ferntree Gully, take the Belgrave line train from the city to Ferntree Gully Station. The travel time is approximately 55 minutes. Ferntree Gully is the access point to the Dandenong Ranges and, despite the short journey, it feels a long way from Melbourne. The suburb itself is pretty quiet, but its location at the foot of the mountains makes it the perfect starting point for a number of walking trails. Take your hiking boots with you and explore this beautiful part of the Victorian countryside.



3 MORNINGTON PENINSULA

Frankston is ideally located for a quick coastal trip and acts as the gateway to the Mornington Peninsula. Just over an hour on the train from Melbourne, it's easy to work your way down the Mornington Peninsula to popular destinations like Portsea and Sorrento. Portsea and nearby Beaumaris are great spots to get the snorkel out and explore underwater. The area is also very well set up for relaxing, with the beautiful beaches perfect for chilling out and forgetting about your studies for a while.



Long Trips

1 BALLARAT

The train from the city to Ballarat takes approximately 80 minutes. Between 1851 and the late 1860s, Australia's population almost tripled due to the gold rush, much of which was concentrated in Victoria. The wealth generated then is still visible today in the beautiful historic architecture of the mining towns located northwest of Melbourne. Head to the ever-popular Sovereign Hill in Ballarat, an open-air museum that has been made to look like a gold rush-era town. Beyond the history, Ballarat is full of fantastic restaurants, interesting art galleries, and fun cycling routes.



2 DAYLESFORD

Set in the foothills of the Great Dividing Range of Victoria, Daylesford is a lovely getaway. The town is known for its natural mineral springs and botanical gardens, but if you're there on a Sunday, get onboard the classic Daylesford Spa Country Railway and attend the weekly markets. The nearby Wombat State Forest is 70,000 hectares of bushland, with opportunities for mountain biking, bushwalking, and birdwatching. To get to Daylesford, take the train heading towards Ballarat and then catch the bus from either Ballarat or Ballan, with a total travel time of around two hours.



3 GRAMPIANS

The 230-metre-tall Mt Arapiles is generally considered Australia's best rock climbing spot. In total, there are over 2,000 different climbs that can be attempted over the many pinnacles and cliffs. There are camping facilities available at Mt Arapiles (sites must be booked in advance), as well as the Grampians Eco YHA in Halls Gap. If you don't want to take a tour, you will need to catch a train and a bus to get to Halls Gap from Melbourne. Take the train from Southern Cross Station to Ararat, and from there, you can take a bus to Halls Gap. Total travel time is just under four hours.





DISCOVER AUSTRALIA



MAKE THE MOST OF YOUR TIME
USE OUR 75 HOSTELS TO EXPLORE



TWELVE APOSTLES, VIC

BOOK AT [YHA.COM.AU](https://www.yha.com.au)



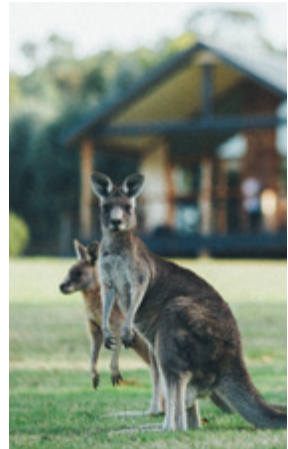
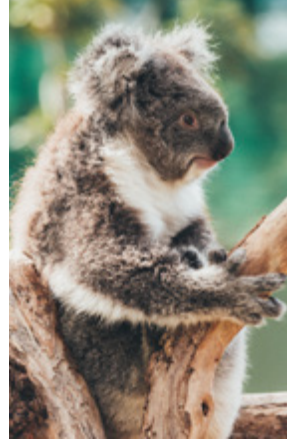
Wildlife

1 The first stop for all animal-lovers should be [Melbourne Zoo](#), Australia's oldest zoo. Easily accessible by train and tram and located close to the CBD, Melbourne Zoo is the perfect escape from the city and a great place to see native wildlife. Highlights include the seal enclosure, Australian Bush exhibit, the Butterfly House, African animals, and the extremely rare snow leopard.

2 For a more unique Australian experience, [Healesville Sanctuary](#) is a paradise for native wildlife. About an hour's drive from the CBD, Healesville lets visitors experience some of Australia's fascinating animals in a natural bushland setting. You'll be able to see koalas, kangaroos, dingos, platypus, echidnas, emus, wombats, Tasmanian devils, and a wide variety of other birds and reptiles.

3 If you've always dreamed of going on an African safari, [Werribee Open Range Zoo](#) may be the answer. Just 30 minutes' drive or a train and bus ride from the city, you'll find the large, open plains of Werribee. Full of iconic African animals such as lions, cheetah, rhinoceroses, hippopotamuses, zebras and giraffes, Werribee offers an almost authentic African experience.

4 If you're willing to travel a little further, head to [Phillip Island](#). Here, you'll find the Phillip Island Wildlife Park, home to over 100 different Australian animal species. You'll get a chance to hand-feed and pat wallabies and kangaroos in a free-range environment, and get up close to koalas and other native animals. Afterwards, you can go to the Penguin Parade to see adorable little penguins make their way up the beach to sleep.



WHALE WATCHING

For something a little different - and a lot bigger - venture down Victoria's coast to go whale watching. Every year, Southern Right whales return to Warrnambool's Logan Beach to give birth and look after their young. Between June and September is the best time for viewing, and there is a free-access platform off Logans Beach Road that offers good visibility. Make sure you phone the Warrnambool Visitor Information Centre before you go to see if any whales have been seen in the area and bring a pair of binoculars so you can better see these gentle giants.

Camping

There are plenty of great shops that sell camping necessities like tents, sleeping bags, mattresses and more, including Aussie Disposals, Rays, Paddy Pallin, Kathmandu, and Anaconda. Big W is also a great low-budget option to buy all your camping needs. If you don't have the room to keep your camping items, there are plenty of camping hire stores around Melbourne. The Equipment Library in Northcote loans all kinds of camping items.

Haven't decided what you want out of your camping trip? Visit the Parks Victoria website (www.parkweb.vic.gov.au). Here, you'll find a range of different experiences from hiking to fishing, as well as all the best spots to camp.

The Go Camping Australia website (www.gocampingaustralia.com) is another great resource for tips, campsite and equipment reviews, and advice for beginners.

To find and book campsites, use Find a Camp (www.findacamp.com.au).



1 LORNE

Lorne is a scenic town on the Great Ocean Road, around a two-hour drive from Melbourne's CBD. You can go for a hike or walk along the coast and camp right on the foreshore. There are ten waterfalls to visit, including the beautiful Erskine Falls. Be sure to check out some of the local wildlife and grab a treat from Lorne Ice Cream while you're there.

2 TIDAL RIVER

Tidal River Campground is one of the most popular camping spots in Wilsons Promontory National Park. Located around three hours' drive from Melbourne's CBD, the campground offers many different amenities and facilities for campers and is close to the beach and beautiful walking tracks. Make sure you book before you go, as it gets busy during peak times.

3 KILCUNDA

Just over 90 minutes' drive from Melbourne's CBD, Kilcunda is a picturesque town with camping grounds available very close to the beaches. Kilcunda offers coastal walks, rock pools, and places to fish, or you can go to a boutique art gallery or rent a beach bike to ride alongside the ocean.



Key Contacts

CONTACT NAME	WHEN WOULD I USE THIS SERVICE?	CONTACT DETAILS
AUSTRALIAN CONSUMER LAW	Understand your legal rights in regards to shopping or purchasing goods or services.	consumerlaw.gov.au
AUSTRALIAN FEDERATION OF INTERNATIONAL STUDENTS	A Victorian international student representative organisation. They collaborate with governmental bodies, education providers and community organisations on behalf of international students.	internationalstudents.org.au
AUSTRALIAN HUMAN RIGHTS COMMISSION	If you feel you are being treated unfairly because of your race, descent, colour or ethnic/national origin then make a complaint to the Australian Human Rights Commission.	humanrights.gov.au/our-work/race-discrimination
AUSTRALIAN TAXATION OFFICE	Contact them to arrange a Tax File Number or learn more about payments made to you while you study here.	ato.gov.au
BEYOND BLUE	A free counselling service that you can contact if you are feeling depressed or anxious.	1300 224 636 beyondblue.org.au
CENTRE FOR CULTURE, ETHNICITY AND HEALTH	For free and confidential support, information about protection from HIV/AIDS, hepatitis and other sexually transmitted diseases.	9418 9929 ceh.org.au
COHEALTH	For short term individual support, referral, advocacy and counselling to young people aged 12-25.	8378 1600 cohealth.org.au
CONSUMER AFFAIRS	If you require detailed information about obligations and entitlements when buying products and services.	1300 55 81 81 consumer.vic.gov.au
COUNCIL OF INTERNATIONAL STUDENTS AUSTRALIA (CISA)	They are the peak national body for the interests and needs of international students and always require volunteers.	cisa.edu.au

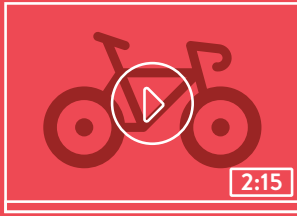
EMERGENCY

For emergency services requiring ambulance, fire brigade and/or police dial **Triple Zero (000)**. If you require a translator then tell the operator your language and they will connect you with one.

CONTACT NAME	WHEN WOULD I USE THIS SERVICE?	CONTACT DETAILS
DEPARTMENT OF FOREIGN AFFAIRS AND TRADE (FOR EMBASSIES)	If you require help from your country's embassy within Australia.	<i>dfat.gov.au</i>
DEPARTMENT OF HOME AFFAIRS	This government department handles visa enquiries and issues.	<i>homeaffairs.gov.au</i>
THE DESK	A digital service helping students develop good study practices.	<i>thedesk.org.au</i>
THE DRUM - YOUTH SERVICES, DRUMMOND STREET RELATIONSHIP CENTRE	For a comprehensive mix of youth programs and services for young people aged 12-25.	9663 6733 <i>ds.org.au</i>
FAIR WORK OMBUDSMAN	If you require assistance understanding your workplace rights and responsibilities.	<i>fairwork.gov.au</i>
FRONTYARD INTEGRATED YOUTH SERVICES	Frontyard aims to address the physical, social, and emotional needs of young people, up to the age of 25, who spend time in the Melbourne CBD.	9611 241 <i>melbournecitymission.org.au</i>
HEALTHDIRECT AUSTRALIA	Outside of GP consultation hours their trained staff can help you treat non-urgent illnesses.	1800 022 222 <i>healthdirect.gov.au</i>
IDP MELBOURNE	Assistance with assessing study options, including courses, applications and student visas.	03 9606 1800 <i>idp.com/australia</i>
LIFELINE	If you need someone to talk to about your mental health, this resource is a crisis support hotline.	13 11 14 <i>lifeline.org.au</i>
MELBOURNE SEXUAL HEALTH CENTRE	To talk about sexual health symptoms and receive advice.	9341 6200 <i>mshc.org.au</i>
MULTICULTURAL CENTRE FOR WOMEN'S HEALTH	Free health education workshops and assistance with locating services for Immigrant and Refugee Women.	9418 0999 <i>mcwh.com.au</i>
NATIONAL HOME DOCTOR SERVICE	If you require a doctor urgently on weeknights, weekends or public holidays.	13 SICK (13 7425) <i>homedoctor.com.au</i>

Key Contacts

CONTACT NAME	WHEN WOULD I USE THIS SERVICE?	CONTACT DETAILS
OVERSEAS STUDENT OMBUDSMAN	This resource investigates complaints about problems that overseas students have with private education in Australia.	1300 362 072 oso.gov.au
PUBLIC TRANSPORT VICTORIA	Find out more about trains, buses and trams, including ticketing and timetabling information.	1800 800 007 ptv.vic.gov.au
REFUGE OF HOPE	Guidance, support and advice for Latin American students in Melbourne.	refugeofhope.org.au
ROAD TRANSPORT AUTHORITY	Find out about the road rules and what you need to get yourself into a car.	131 771 vicroads.vic.gov.au
THE SELF CENTRE	Helps teenagers know themselves better and work out how they study and interact with others.	0418 134 210 theselfcentre.net.au
SMILING MIND	Smiling Mind is modern meditation for young people. It is a unique web and app-based program, designed to help bring balance to young lives.	smilingmind.com.au
STUDY IN AUSTRALIA	For basic information about studying in Australia, including information on the universities and useful contacts.	studyinaustralia.gov.au
STUDY MELBOURNE STUDENT CENTRE	The SMSC is a point of contact and referral where you can access a range of information about health matters, general wellbeing, legal services, accommodation and safety.	1800 056 449 studymelbourne.vic.gov.au
TENANTS UNION OF VICTORIA	For information about renting rights and obligations in Victoria.	9416 2577 tuv.org.au
TRAVELLERS AID	For simple, practical travel-related support and aid.	9654 2600 travellersaid.org.au
VICTORIA LEGAL AID	If you need to know what your legal rights are then contact this free legal service.	1300 792 387 legalaid.vic.gov.au



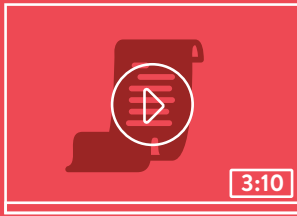
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LIBRARY AT THE DOCK - DOCKLANDS

SOUTHBANK LIBRARY - BOYD

NORTH MELBOURNE LIBRARY

EAST MELBOURNE LIBRARY

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melbourne.vic.gov.au/libraries



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